

Concord
NORTH CAROLINA
PARKS & RECREATION

SUMMER
2016

LEISURE TIMES



NEW!

ClearWater
ARTIST STUDIOS
Classes & Camps

SUMMER CAMPS

Adult Athletics [2] Athletics [3] Youth Athletics [4-7] Aquatics/Swim Lessons [8-9] Youth Art [10-11]
Youth Activities [12-14] Special Events [12-14] Recreation Centers [16-17] Adult Fitness Classes [18-19]
Active Living [20] Trips [21] Adult Art [22] Registration Form [23]

City of Concord Parks & Recreation exists to provide recreation services, parks and facilities that enrich the lives of all residents and promote the opportunity for a healthy lifestyle.

A message from the director...

Providing quality programming and services, a safe, aesthetically pleasing greenway and park system is the commitment



Bob Dowless

we make every day to the families and residents of Concord. We take great pride in providing services that enhance quality of life and we strive to make our community a great place to live.

I hope you have the opportunity to get outdoors and walk the greenway, visit one of our parks, experience one of our special events, visit one of our community centers, and participate in a recreational class or program.

Concord Parks & Recreation takes great pride in the community support we receive and want you to know that we are continually working to earn your support. We welcome your comments, questions or concerns. You can reach our office at 704.920.5600 or email us at recreation@concordnc.gov.

There is no better time to invest in a healthy future than today.

Mayor & City Council

- Mayor, J. Scott Padgett
- Sam Leder District 1
- Brian King District 2
- Ella Mae Small District 3
- Alfred M. Brown, Jr. District 4
- W. Lamar Barrier District 5
- Jennifer Parsley District 6
- John A. Sweat, Jr. District 7

ADULT ATHLETICS

Concord Parks and Recreation currently offers three adult sports activities, softball, kickball and basketball. Teams enter the league pre-formed. Seasons consist of 10 regular season games and 1 single elimination tournament game. Contact 704.920.5617 for more information or visit our website at www.concordparksandrec.org.

ADULT SOFTBALL – FALL AND SPRING

Divisions: Men’s Open Gold, Men’s Blue Division and Women’s

Registration: Fall: August 1 – 31

Playing Season: Fall: September – November

Registration: Spring: March 1 – 31

Playing Season: Spring: April – June

Fee: \$375

ADULT CO-ED FLAG FOOTBALL – FALL

Divisions: Men’s 5 on 5 and Co-ed

Registration: August 1 – 31

Playing Season: September – December

Fee: \$375

ADULT BASKETBALL – WINTER

Divisions: Men’s Open Gold, Men’s Blue Division and Women’s

Registration: December 1 – January 3

Playing Season: January – March

Fee: \$375

ADULT CO-ED KICKBALL – SPRING

Registration: March 1 – 31

Playing Season: April – June

Fee: \$375

ADULT WOODEN BAT SOFTBALL – SUMMER

Registration: June 1 – 30

Playing Season: July – September

Fee: \$375



TENNIS

Known as “the sport of a lifetime”, tennis directly impacts a person’s health and quality of life. Tennis is a family-friendly sport, which not only provides a great aerobic workout, but also teaches values such as teamwork, sportsmanship, fair play, and discipline. Contact Tennis Coordinator, Chad Oxendine, AMP Tennis, LLC at 704.806.0909 for all your tennis needs. www.amptennis.com.

ATHLETICS

COUCH TO 5K CHALLENGE

Activity # 6050.216

City of Concord Parks & Recreation is taking the wellness program to the next level with the COUCH TO 5K CHALLENGE.

This group training and exercise program is designed to encourage, motivate and challenge the individual to compete with his/her peers. No running experience is necessary. The final goal is to run the 5 Alarm 5K on 11/7 (registration fee required).

Days: Tuesday & Thursday

6:30 p.m.

Date: 8/30 – 11/1

Registration Fee: \$15

Location: Dorton Park



GOLF

ROCKY RIVER GOLF CLUB at Concord

All clinics are designed for beginners and experienced golfers. Golf clubs are not required. Register with Rocky River Golf Club: 704-455-1200, ext. 2.

For information on private lessons please call the Pro Shop, 704-455-1200, ext. 2



LAKE FISHER



Begin your outdoor adventure today at Lake Fisher Reservoir. Lake Fisher is 3 miles in length and consists of 534 acres. In addition to providing water to the City of Concord, Lake Fisher gives the community an opportunity to enjoy the fun of fishing for the family. The lake supports a healthy sport fishery

consisting of largemouth bass, crappie, channel catfish and several panfish species. All fishing at Lake Fisher must be from a boat; we provide the boats for a rental fee, boat motors are allowed but not provided. The acceptable motors are electric trolling motors and no larger than 10 horsepower gas motors. Life jackets and oars are available with boat rental. The lake is operated seasonally from 3/2/16 through 11/6/16.

HOURS OF OPERATION

Monday & Tuesday:

Closed

Wednesday – Saturday:

7:00 a.m. – 3:00 p.m.

Sunday:

1:00 p.m. – 6:00 p.m.



BOAT RENTAL FEES (per person)

Adult:

\$10; \$5 City of Concord resident fee

Senior Adult (60 or older):

\$8; \$5 City of Concord resident fee

Youth (12-16):

\$8; \$5 City of Concord resident fee

ROAD RACES

Races will begin and end on Means Avenue (beside the Historic Courthouse) in downtown Concord, run on the McEachern Greenway and the Downtown Connector Greenway.



STREETLIGHT 5K

Activity # 6001.216

Day: Friday, 7/8

7:30 p.m.

6:00 p.m. Pre-registration

7:00 p.m. Fun Run begins

7:30 p.m. 5K begins

Fee: \$15 Early Registration
until 7/1 on-line

\$20 Race Day

Awards given to overall male and female and to the top three male and female finishers in each age group: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75 and over.

Call 704.920.5619 for a registration form or download one from our website. Online registration is available at concordparksandrec.org

Mark your calendar for the next race:

**5 Alarm 5K
11/5**

YOUTH ATHLETICS



BASEBALL, BASKETBALL, SOFTBALL & SOCCER

3&4 Instructional Clinic

Designed to introduce players to organized sports. Rules are simplified, team rosters are reduced, and playing season is compacted to allow maximum exposure in a limited time frame. (All games and practices in this division are on Tues and Thurs nights.)

5&6, 7&8 Division

Begins developing fundamentals for each specific sport. Rules are modified to present the optimum playing experience for novice participants. (Practices and games are on week nights or Saturdays.)

9&10 Division

Builds on basic fundamentals of given sport. Rules are slightly modified to present optimum playing experience for participants with limited exposure. (Practices and games are on week nights or Saturdays.)

11-15 Divisions

Designed to promote teamwork, sportsmanship and advance fundamental development. No rule modifications. (Practices and games are on week nights or Saturdays.)

ACTIVITY SCHEDULE:

	Activity	Description	Age Group	Age As Of	Registration Dates	Playing Season
Spring Season	Baseball	T-Ball Co-Ed	3&4	May 1, 2016	January 1-31	March-June
	Baseball	Coach Pitch Co-Ed	5&6	May 1, 2016	January 1-31	March-June
	Baseball	Coach Pitch Boys	7&8	May 1, 2016	January 1-31	March-June
	Baseball	Boys	9&10, 11&12, 13-15	May 1, 2016	January 1-31	March-June
	Softball	Coach Pitch Girls	7&8	January 1, 2016	January 1-31	March-June
	Softball	Girls	9&10, 11&12, 13-15	January 1, 2016	January 1-31	March-June
	Soccer	Instructional Clinic	3&4	August 1, 2016	June 1-30	August-November
	Soccer	Co-Ed	5&6, 7&8	August 1, 2016	June 1-30	August-November
	Soccer	Co-Ed	9&10, 11&12, 13-15	August 1, 2016	June 1-30	August-November
Fall Season	Softball	Coach Pitch Girls	7&8	August 1, 2016	July 1-31	September-November
	Softball	Girls	9&10, 11&12, 13-15	August 1, 2016	July 1-31	September-November
	Baseball	Coach Pitch Baseball	7&8	August 1, 2016	July 1-31	September-November
	Baseball	Baseball	9&10, 11&12, 13-15	August 1, 2016	July 1-31	September-November
	Basketball	Instructional Clinic	3&4	August 31, 2016	September 1-30	November-March
	Basketball	Co-Ed League	5&6	August 31, 2016	September 1-30	November-March
	Basketball	Girls	7&8	August 31, 2016	September 1-30	November-March
	Basketball	Boys	7&8	August 31, 2016	September 1-30	November-March
	Basketball	Boys	9&10, 11&12, 13-15	August 31, 2016	September 1-30	November-March
	Basketball	Girls	9&10, 11&12, 13-15	August 31, 2016	September 1-30	November-March

GOALS OF THE PROGRAM:

- To build the child's self esteem
- To teach the skills of the game
- To build good relations among peers (also between parents & children)
- To create a fun atmosphere

PRACTICE AND GAME SCHEDULE:

Practice times established by the coaches according to their schedule and availability of facilities.

REMEMBER:

- Fun is first!
- Your child has the opportunity to play in each game
- Instruction before competition
- No league or individual standings
- No trophies for "Winners Only"
- Trophies and awards not provided

REGISTRATION:

You may register at any of the following locations or on our web site at www.concordparksandrec.org.

Between 8:00 – 5:00 p.m. during open registration periods.

Academy Recreation Center
147 Academy Avenue, Concord
704.920.5601

Hartsell Recreation Center
60 Hartsell School Road, Concord
704.920.5602

Logan Multipurpose Center
184 Booker St. SW Concord
704.920.5603



Coaches and sponsors are needed for all sports!!
Please contact Athletics at 704.920.5600 to discuss opportunities.

YOUTH ATHLETICS

REGISTRATION FORM:

PLEASE PRINT

Player's Name _____
(Last Name) (First Name) (Middle Name)

Address _____
(Street) (City) (Zip)

Home Phone _____ Work Phone _____

Cell Phone _____ Do you want to receive texts? Yes No

Email Address _____

Date of Birth _____ Age _____ Male Female

Please bring copy of birth certificate when registering.

What school does your child attend? _____

Please list any disabilities that need special attention: _____

Registration Fee:

Checks should be made payable to **City of Concord**

- Instructional Clinics (3-4) \$35.00
- City of Concord Resident* (\$35.00 Registration Fee)
- Non City Resident (\$55.00 Registration Fee)

Please indicate Athletic Association:

- Concord Parks & Recreation Leagues
- Southwest Cabarrus Athletic Association
- Hartsell Athletic Association
- No preference

*City of Concord Resident indicates that applicant resides within the City Limits of Concord.

All applications subject to verification.

Sorry, no refunds can be made after first game is played.

Our programs are dependent upon volunteer coaches. Are you as a parent willing to help coach a team if needed? Yes No Maybe _____

PARENTAL CONSENT INFORMATION:

Must be signed for applicant to participate.

We/I, the parent(s) or guardian have given permission for _____ to participate in the Youth Athletic Program sponsored by CITY OF CONCORD PARKS AND RECREATION.

As parent or guardian of above participant, I hereby give consent for any emergency treatment as approved by his/her coach or other adult escort, in case of illness or injury while participating in this athletic program. I understand that this is to prevent undue delay and assure prompt treatment and that only a licensed physician will be engaged for such an emergency. Parents will be notified in case of serious illness or injury as quickly as they can be reached, but this will make immediate treatment possible.

Concord Parks and Recreation, its staff, facilities and instructors will not be held responsible for any injury or loss that might occur in the course of this program. Photos may be taken of my child for departmental use. I verify that I have read and fully understand the above information.

Signature of Parent/Guardian

PRINTED Name of Parent/Guardian

Date

YOUTH ATHLETICS

ACTIVITY:

Please indicate age group within activity:

Basketball

- Instructional Clinic Co-Ed 3-4
- Co-Ed 5-6
- Boys 7-8 Girls 7-8
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girls 13-15

Spring Baseball/Softball

- Instructional T-Ball Co-Ed 3-4
- Coach Pitch Co-Ed 5-6
- Boys 7-8 (CP) Girls 7-8 (CP)
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girls 13-15

Soccer

- Instructional Clinic Co-Ed 3-4
- Co-Ed 5-6
- Co-Ed 7-8
- Co-Ed 9-10
- Co-Ed 11-12
- Co-Ed 13-15

Fall Baseball/Softball

- Boys 7-8 (CP) Girls 7-8 (CP)
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girls 13-15

UNIFORM SIZES :

Please check size of one t-shirt and one pair of shorts.

T-Shirts:

- Youth X- Small Youth Small Youth Medium Youth Large
 Adult Small Adult Medium Adult Large Adult XL Adult XXL

Shorts:

NA for Baseball

- Youth X-Small Youth Small Youth Medium Youth Large
 Adult Small Adult Medium Adult Large Adult XL Adult XXL

SPECIAL REQUESTS:

Please note that all requests can not be honored, but we will attempt to honor your requests if feasible.
 The rosters will be locked after the draft is complete. No switching teams after the draft is complete.

REGISTRATION FEE:

Registration fee: \$35.00 for City of Concord Residents; \$55.00 registration fee for all other participants.

Please make all checks payable to: CITY OF CONCORD.

For further information, please call: **704.920.5617** or **704.920.5618**.
 Or email: **recreation@concordnc.gov**

For Office Use Only:

Receipt # _____ Cash/Check # _____ Amount \$ _____ Date _____

NOTES:

YOUTH ATHLETICS



TENNIS

10 & UNDER TENNIS at Les Myers Park

Group lessons for ages 5-10 on courts 7 & 8.
Instructor: Chad Oxendine, AMP Tennis, LLC.
704.806.0909

Day: Saturday, 9:00 – 10:00 a.m.

SESSIONS:

June: 4, 11, 18, 25

July: 9, 16, 23 & 30

August: 6, 13, 20, 27

Activity # 6092.116

Activity # 6093.216

Activity # 6094.216

Fee per group session: \$25; \$5 city resident discount



SUNSET TENNIS CAMPS at Dorton Park

Ages 6-18 will be divided into appropriate ages.

Instructor: Laura Kelly, USPTA, 704.699.0765

Days: Monday – Thursday, 6:00 – 8:00 p.m.

SESSION I: 6/13 – 6/16

SESSION II: 7/11 – 7/14

SESSION III: 8/1 – 8/4

Activity # 6199.116

Activity # 6199.216

Activity # 6200.216

Fee per session: \$105; \$5 city resident discount

YOUTH GOLF

ROCKY RIVER GOLF CLUB at Concord

All clinics are designed for beginners and experienced golfers.

Golf clubs are not required. Register with Rocky River Golf Club: 704-455-1200, ext. 2.

PRIVATE LESSONS

Please contact: Dave Miller – dave.miller@jgh.com

Aleck Harmon – aharmon.rrgc@gmail.com

JUNIOR CLINICS

Date: Every Saturday, weather permitting

1:00 – 2:00 p.m.

Fee: \$20 per lesson, includes range balls

JUNIOR CAMPS

Each four day session includes instruction and prizes.

8:30 – 11:00 a.m.

SESSION I: 6/20 – 6/23

SESSION II: 7/11 – 7/14

SESSION III: 8/1 – 8/4

Fee per session: \$150; \$125 City of Concord resident fee



PGA JUNIOR LEAGUE GOLF TEAM

Season runs from April – August. Call the Pro Shop for more information. 704-455-1200, ext. 2



Coaches and sponsors are needed for all sports!!

Please contact Athletics at 704.920.5600 to discuss opportunities.

AQUATICS

ADULT WATER AEROBICS

The cool way to stay fit during the summer. Join instructor Dawn Grant in a fun and invigorating fitness program. Wear Aqua Shoes.

Day: Monday & Wednesday

7:00 – 7:45 p.m.

SESSION I: Activity # 6111.216

6/6 – 6/29

Fee: \$28; \$5 city resident discount

SESSION II: Activity # 6112.216

7/11 – 8/10

Fee: \$34; \$5 city resident discount

BOTH SESSIONS

Activity # 6110.216

Fee: \$50; \$5 city resident discount

GUARDSTART TRAINING

Activity # 2132.216

Ages 11-14. This junior lifeguard class is designed to prepare 11-14 year olds to take the American Red Cross Lifeguard certification program.

This program helps participants build the foundation of knowledge, attitudes and skills needed to become responsible lifeguards.

Lessons are grouped into five main areas: prevention, fitness, response, leadership and professionalism.

Level 5 or higher swimming ability is required.

Day: Monday – Friday

7/11 – 7/15

9:30 – 11:30 a.m.

Fee: \$40; \$5 city resident discount

SWIM LESSONS

Registration will open 3/21. We use the American Red Cross Learn to Swim program.

PARENT/CHILD LESSONS

Ages 18 months - 2 years. Classes meet for 30 minutes Monday –

Thursday for one week. Parents will be in the water with their children.

Fee: \$20; \$5 city resident discount

INDIVIDUAL LESSONS

Scheduled on an individual basis, lessons last 30 minutes. For more information or to schedule a lesson contact the pool manager after 6/13 at 704.785.8105.

Fee per class: \$20; \$5 city resident discount

GROUP LESSONS

Ages 3 and up. Lessons are divided from PreSchool through Level 6. More specific information regarding levels are located on our website at

www.concordparksandrec.org or by calling Dawn Simpson at 704.920.5617.

Day: Monday – Thursday

6/6 – 8/4; No classes 7/4 – 7/8

Morning and evening for two weeks per session (except SESSION I)

Fee: \$40; \$5 city resident discount

PRE-SCHOOL: These classes are for 3 and 4 year olds with little or no experience in the water. If your child has experience in the water he/she may register for the appropriate Level 1 or 2 class.

LEVEL 1: Students with minimal water experience will be asked to put their face in the water and begin to experience floating on their front and back with support. They will also learn alternating arm action.

LEVEL 1 ADVANCE: Students with minimal water experience and comfortable with putting their face in the water. Can float on their front and back with support. Student must be able to display alternation arm action.

LEVEL 2: Students will begin floating on their own and by the completion of the level will be able to swim 5 yards on their front and back.

LEVEL 3: Front crawl, back crawl and elementary backstroke will be introduced and practiced. Students will also learn how to tread in deep water.

LEVEL 4: Deep water swimming at longer distances is practiced. To pass this level the student must be able to swim 25 yards crawl stroke using rotary breathing as well as 25 yards of backstroke.

LEVELS 5 & 6: Upper level classes cater to the experienced swimmer. Breaststroke, sidestroke and butterfly will be learned and endurance will be increased.

This is great preparation for GuardStart or a Lifeguard Class.

PRE SWIM TEAM: Students must have completed Level 6, upper level class focusing on stroke development for swim team. The class will cover entry, turns, breathing and endurance. The instructor will use a coaching format for the class.

PUBLIC SWIM at McInnis Aquatic Center

Swimming is open to the general public. Patrons must purchase a Privilege Pass ID or Season Pass in order to swim. The Aquatic Center will open for Memorial Day weekend, 5/28 – 5/30 and will be open weekends only until 6/11. The pool is open daily from 6/11 – 8/13.

HOURS FOR PUBLIC SWIM

Mon – Thurs: 1:00 – 5:00 p.m.

Friday: 9:00 – 11:00 a.m.

ADULT SWIM ONLY

Friday: 12:00 – 6:00 p.m.

Saturday: 12:00 – 6:00 p.m.

Sunday: 1:00 – 5:00 p.m.

Fee:

- \$10 Individual Privilege Pass (first visit only); \$5 city resident discount
- \$30 Family Privilege Pass (first visit only); \$15 city resident discount
- Daily Swim fee (each): \$1.50 Youth; \$2.50 Adults

SEASON PASS

- \$55.00 Individual Season Pass; \$10 city resident discount
- \$100 Family Season Pass; \$25 city resident discount



ADULT LESSONS

Day: Tuesday & Thursday

7:00 – 7:45 p.m.

SESSION I: Activity # 2067.116

6/7 – 6/30

SESSION II: Activity # 2068.216

7/12 – 8/4

Fee per session: \$40; \$5 city resident discount

AQUATICS/SWIM LESSONS

SESSION 1

Level	Dates	Time	Day	Activity #
PreSchool	6/6 - 6/16	5:45 PM	Mon - Thurs	2009.116
1	6/6 - 6/16	5:45 PM	Mon - Thurs	2011.116
2	6/6 - 6/16	5:45 PM	Mon - Thurs	2003.116
3	6/6 - 6/16	5:45 PM	Mon - Thurs	2004.116
4	6/6 - 6/16	5:45 PM	Mon - Thurs	2005.116
5 & 6	6/6 - 6/16	5:45 PM	Mon - Thurs	2006.116
Aerobics	6/6 - 6/29	7:00 PM	Mon & Wed	6111.116
Adult Lesson	6/7 - 6/30	7:00 PM	Tue & Thurs	2067.116

SESSION 2

Level	Dates	Time	Day	Activity #
Parent/Child	6/20 - 6/23	10:45 AM	Mon - Thurs	2013.216
Parent/Child	6/20 - 6/23	5:45 PM	Mon - Thurs	2016.216
PreSchool	6/20 - 6/30	9:15 AM	Mon - Thurs	2008.216
PreSchool	6/20 - 6/30	11:30 AM	Mon - Thurs	2014.216
1	6/20 - 6/30	9:15 AM	Mon - Thurs	2209.216
1	6/20 - 6/30	10:00 AM	Mon - Thurs	2211.216
1	6/20 - 6/30	5:45 PM	Mon - Thurs	2217.216
1 Advance	6/20 - 6/30	10:00 AM	Mon - Thurs	2018.216
2	6/20 - 6/30	9:00 AM	Mon - Thurs	2023.216
2	6/20 - 6/30	10:00 AM	Mon - Thurs	2024.216
2	6/20 - 6/30	11:00 AM	Mon - Thurs	2028.216
2	6/20 - 6/30	11:00 AM	Mon - Thurs	2029.216
2	6/20 - 6/30	5:45 PM	Mon - Thurs	2033.216
2	6/20 - 6/30	5:45 PM	Mon - Thurs	2034.216
3	6/20 - 6/30	9:00 AM	Mon - Thurs	2019.216
3	6/20 - 6/30	10:00 AM	Mon - Thurs	2025.216
3	6/20 - 6/30	11:00 AM	Mon - Thurs	2030.216
3	6/20 - 6/30	5:45 PM	Mon - Thurs	2035.216
4	6/20 - 6/30	10:00 AM	Mon - Thurs	2026.216
4	6/20 - 6/30	11:00 AM	Mon - Thurs	2032.216
4	6/20 - 6/30	5:45 PM	Mon - Thurs	2036.216
4 & 5	6/20 - 6/30	9:00 AM	Mon - Thurs	2020.216
5 & 6	6/20 - 6/30	10:00 AM	Mon - Thurs	2027.216
5 & 6	6/20 - 6/30	5:45 PM	Mon - Thurs	2037.216
5 & 6	6/20 - 6/30	9:00 AM	Mon - Thurs	2022.216
6	6/20 - 6/30	11:00 AM	Mon - Thurs	2021.216
Pre Swim Team	6/20 - 6/30	8:15 AM	Mon - Thurs	2002.216

SESSION 3

Level	Dates	Time	Day	Activity #
Parent/Child	7/11 - 7/14	10:45 AM	Mon - Thurs	2043.216
PreSchool	7/11 - 7/21	9:15 AM	Mon - Thurs	2038.216
PreSchool	7/11 - 7/21	10:00 AM	Mon - Thurs	2040.216
PreSchool	7/11 - 7/21	11:30 AM	Mon - Thurs	2044.216
PreSchool	7/11 - 7/21	5:45 PM	Mon - Thurs	2046.216
1	7/11 - 7/21	9:15 AM	Mon - Thurs	2039.216
1	7/11 - 7/21	10:00 AM	Mon - Thurs	2041.216
1	7/11 - 7/21	11:30 AM	Mon - Thurs	2045.216
1	7/11 - 7/21	5:45 PM	Mon - Thurs	2047.216
1 Advance	7/11 - 7/21	10:00 AM	Mon - Thurs	2053.216
2	7/11 - 7/21	9:00 AM	Mon - Thurs	2048.216
2	7/11 - 7/21	10:00 AM	Mon - Thurs	2054.216
2	7/11 - 7/21	11:00 AM	Mon - Thurs	2058.216
2	7/11 - 7/21	11:00 AM	Mon - Thurs	2059.216
2	7/11 - 7/21	5:45 PM	Mon - Thurs	2063.216
2	7/11 - 7/21	5:45 PM	Mon - Thurs	2064.216
3	7/11 - 7/21	9:00 AM	Mon - Thurs	2049.216
3	7/11 - 7/21	10:00 AM	Mon - Thurs	2055.216
3	7/11 - 7/21	11:00 AM	Mon - Thurs	2060.216
3	7/11 - 7/21	5:45 PM	Mon - Thurs	2065.216
4	7/11 - 7/21	11:00 AM	Mon - Thurs	2061.216
4	7/11 - 7/21	9:00 AM	Mon - Thurs	2050.216
4	7/11 - 7/21	10:00 AM	Mon - Thurs	2056.216
4	7/11 - 7/21	5:45 PM	Mon - Thurs	2066.216
4 & 5	7/11 - 7/21	11:00 AM	Mon - Thurs	2062.216
5 & 6	7/11 - 7/21	10:00 AM	Mon - Thurs	2267.216
5 & 6	7/11 - 7/21	5:45 PM	Mon - Thurs	2167.216
6	7/11 - 7/21	9:00 AM	Mon - Thurs	2051.216
Guard-Start	7/11 - 7/15	9:30 AM	Mon - Fri	2132.216
Aerobics	7/11 - 8/10	7:00 PM	Mon & Wed	6112.116
Adult Lesson	7/12 - 8/4	7:00 PM	Tue & Thurs	2068.216

SESSION 4

Level	Dates	Time	Day	Activity #
Parent/Child	7/25 - 7/28	10:45 AM	Mon - Thurs	2074.216
Parent/Child	7/25 - 7/28	5:45 PM	Mon - Thurs	2077.216
PreSchool	7/25 - 8/4	9:15 AM	Mon - Thurs	2069.216
1	7/25 - 8/4	9:15 AM	Mon - Thurs	2070.216
1	7/25 - 8/4	10:00 AM	Mon - Thurs	2071.216
1	7/25 - 8/4	11:30 AM	Mon - Thurs	2076.216
1	7/25 - 8/4	5:45 PM	Mon - Thurs	2078.216
1 Advance	7/25 - 8/4	10:00 AM	Mon - Thurs	2072.216
2	7/25 - 8/4	9:00 AM	Mon - Thurs	2079.216
2	7/25 - 8/4	10:00 AM	Mon - Thurs	2084.216
2	7/25 - 8/4	10:00 AM	Mon - Thurs	2085.216
2	7/25 - 8/4	11:00 AM	Mon - Thurs	2089.216
2	7/25 - 8/4	11:00 AM	Mon - Thurs	2090.216
2	7/25 - 8/4	5:45 PM	Mon - Thurs	2094.216
3	7/25 - 8/4	9:00 AM	Mon - Thurs	2080.216
3	7/25 - 8/4	10:00 AM	Mon - Thurs	2086.216
3	7/25 - 8/4	11:00 AM	Mon - Thurs	2091.216
3	7/25 - 8/4	5:45 PM	Mon - Thurs	2096.216
4	7/25 - 8/4	9:00 AM	Mon - Thurs	2081.216
4	7/25 - 8/4	10:00 AM	Mon - Thurs	2087.216
4	7/25 - 8/4	11:00 AM	Mon - Thurs	2093.216
4	7/25 - 8/4	5:45 PM	Mon - Thurs	2097.216
5	7/25 - 8/4	11:00 AM	Mon - Thurs	2092.216
5 & 6	7/25 - 8/4	9:00 AM	Mon - Thurs	2082.216
5 & 6	7/25 - 8/4	5:45 PM	Mon - Thurs	2098.216
Pre Swim Team	7/25 - 8/4	8:15 AM	Mon - Thurs	2000.216





ClearWater ARTIST STUDIOS

YOUTH ART at ClearWater

Classes and camps are instructed by ClearWater artists and other artists from the Concord area. All classes will be held at ClearWater Artist Studio, 223 Crowell Dr. NW, unless noted otherwise. Pre-registration is required. Call 704-920-5600 for class availability.

AROUND THE WORLD TIE DYE

Activity # 9067.216

Ages 9-14. Create patterns by dyeing fabric using various shubori and tie dye techniques of patterns found in Japan, India, North America and West Africa. The final day of camp, participants will wear their creations to a West African inspired dance. Min. 4/Max. 15 participants. All materials provided. Instructor: Sunya Folan

Day: Monday – Thursday, 6/13 – 6/16
8:30 a.m. – 12:00 noon

Fee: \$120; \$10 city resident discount

SEED PACKET PRINTMAKING

Activity # 9079.216

Ages 14-18. Design, cut and print linoleum block images of seed packets. Min. 3/Max. 15 participants. All materials provided. Instructor: Steven Mitchem

Day: Tuesday – Thursday, 6/14 – 6/16
1:00 – 3:00 p.m.

Fee: \$50; \$5 city resident discount

PAPER PETS

Ages 9-13 & 14-18. Learn how to construct an armature of a favorite pet dog or cat, shape it with paper mache clay and paint the finished product. Min. 6/Max. 12 participants. All materials provided. Instructor: Brandi McKenna

AGES 9-13

Day: Tuesday, 9:00 a.m. – 12:00 noon

SESSION I: 6/14, 6/21, 6/28 Activity # 9058.216

SESSION II: 7/12, 7/19, 7/26 Activity # 9060.216

SESSION III: 8/2, 8/9, 8/16 Activity # 9062.216

AGES 14-18

Day: Thursday, 9 a.m. – 12 noon

SESSION I: 6/16, 6/23, 6/30 Activity # 9059.216

SESSION II: 7/14, 7/21, 7/28 Activity # 9061.216

SESSION III: 8/4, 8/11, 8/18 Activity # 9063.216

Fee per session: \$80; \$10 city resident discount

EXPLORING ACRYLIC PAINTING

Ages 8-10 & 11-13. Explore the many techniques of acrylic painting, creating an original masterpiece each day. Min. 4/Max. 10 participants. All materials provided. Instructor: Kate Highsmith

AGES 8-10

Day: Monday – Thursday, 10:00 a.m. – 12:00 noon

SESSION I: 6/20 – 6/23 Activity # 9081.216

SESSION II: 7/25 – 7/28 Activity # 9082.216

AGES 11-13

Day: Monday – Thursday, 1:00 – 3:00 p.m.

SESSION I: 6/20 – 6/23 Activity # 9083.216

SESSION II: 7/25 – 7/28 Activity # 9084.216

Fee per session: \$150; \$10 city resident discount



CREATURES IN PASTEL

Ages 12-18. Selecting from four environments, students paint different whimsical creatures in pastel. Min. 6/Max. 12 participants. All materials provided but student should bring a cardboard portfolio to protect finished artwork for transportation home. Instructor: Walter Stanford

Day: Tuesday, 9:00 a.m. – 12:00 noon

6/21, Land Activity # 9053.216

6/28, Sea Activity # 9055.216

7/19, Air Activity # 9056.216

7/26, Space Activity # 9057.216

Fee per class: \$45; \$5 city resident discount

JEWELRY DESIGN

Ages 14-18. Learn jewelry design as you create a one of a kind assembled necklace. Master techniques such as piercing, drilling, joining and layering metal. Min. 4/Max. 12 participants. All materials provided. Instructor: Dusti Harlan

Day: Wednesday, 10:00 a.m. – 12:00 noon

6/22 Activity # 9064.216

7/20 Activity # 9065.216

8/17 Activity # 9066.216

Fee per class: \$45; \$5 city resident discount

URBAN SKETCHING

Activity # 9078.216

Ages 14-18. Learn sketch techniques before our walk around historic downtown to draw it's energy, architecture and landscapes. Min. 3/Max. 10 participants. Bring sketchbook and camp chair. Instructor: Steven Mitchem

Day: Wednesday & Thursday, 6/22 – 6/23

10:00 a.m. – 12:00 noon

Location: McEachern Greenway, Post Office Trail Head

Fee per class: \$50; \$5 city resident discount

POP ART PAINT

Activity # 9077.216

Ages 14-18. Create an acrylic masterpiece reflecting the artistic style of pop artists Roy Lichtenstein, Andy Warhol and Robert Rauschenberg. Min. 3/Max. 20 participants. All materials provided. Instructor: Steven Mitchem

Day: Monday – Thursday, 7/11 – 7/14

1:00 – 3:00 p.m.

Fee per class: \$60; \$5 city resident discount

PRINT & PAPER MAKING

Activity # 9080.216

Ages 10-14. Experiment with media and material to explore design, color and composition for a variety of printmaking and paper making techniques. Min. 5/Max. 15 participants. All materials provided. Instructor: Lindsey Landers

Day: Monday – Thursday, 7/11 – 7/14

9:00 – 11:00 a.m.

Fee: \$75; \$5 city resident discount

PHOTO SILK SCREEN

Activity # 9075.216

Ages 14-18. Bring a photo or image you will use to design an illustration, from which you will create a silk screen. Print your design on paper provided or clothing that you bring. Min. 3/Max. 10 participants. Instructor: Steven Mitchem

Day: Thursday & Friday, 7/28 – 7/29

1:00 – 2:30 p.m.

Fee: \$75; \$5 city resident discount

IMAGINATION CREATIONS

Activity # 9069.216

Ages 8-12. Innovate something new every day, from dream catchers to painting with nature items. Min. 4/Max. 12 participants. All materials provided. Instructor: Meredith Farrell

Day: Monday – Wednesday, 8/1 – 8/3

1:00 – 3:00 p.m.

Fee: \$55; \$5 city resident discount



KAPOW! COMICS AND CARTOON CHARACTERS

Activity # 9074.216

Ages 10-14. Draw your favorite characters the same way as the pros! Learn body/facial proportions, figure sketches, inking and perspective drawing. Min. 4/Max. 18 participants. All materials provided. Instructor: Zach Brown

Day: Monday – Wednesday, 8/1 – 8/3

1:00 – 3:00 p.m.

Fee: \$55; \$5 city resident discount

TINY TOTS ART CAMP

Activity # 9068.216

Ages 3-5. During this camp for young ones, students participate in a variety of arts and crafts that teach them the basics of art techniques. Min. 4/Max. 10 participants. All materials provided. Instructor: Meredith Farrell

Day: Monday – Wednesday, 8/1 – 8/3

10 a.m. – 12:00 noon

Fee: \$40; \$5 city resident discount

3 IN 1 ART CAMP

Activity # 9073.216

Ages 5-9. This three day camp includes upcycled art, photography, and painting techniques taught by three downtown business artists in their own unique style! Min. 4/Max. 12 participants. All materials provided.

Instructors: Michelle Pentoney, Joy Bruce, Andrea Sowle

Day: Monday – Wednesday, 8/8 – 8/10

9:00 – 12:00 noon

Fee: \$120; \$10 city resident discount

BASIC OIL PAINTING

Activity # 9076.216

Ages 14-18. Create a still life with the basics of oil paints. Min. 3/Max. 10 participants. All materials provided.

Instructor: Steven Mitchem

Day: Tuesday – Friday, 8/9 – 8/12

1:00 – 2:30 p.m.

Fee: \$75; \$5 city resident discount



YOUTH ACTIVITIES

MINI CAMPS



PICKLEBALL (AND MORE) IN THE PARK

Ages 6-12. Gather your buddies and come to the park where we'll teach you to play the fun, exciting game of pickleball, a combination of tennis, badminton and table tennis. You'll never sit still because you can also play corn hole, ladder ball and other outdoor yard games and activities! No fee.

Day: Thursday, 6/30, 7/14, 7/28, 8/4, 8/11, 8/18
9:00 – 11:00 a.m.

Location: Beverly Hills Park

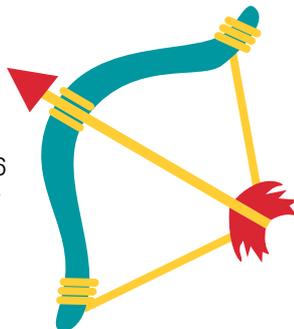
HUNGER GAMES: TRIBUTE TRAINING CAMP

Activity # 9016.216
Ages 6-12. Different survival activities will guide you through tribute training camp. Relay races determine what supplies you gain from the cornucopia, tracker jackers and other trials as the gamekeepers change the game. You'll learn archery just like Katniss! Min. 4/Max 20 participants.

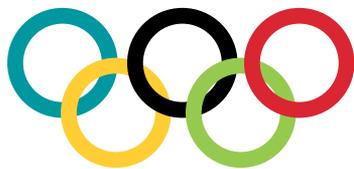
Day: Wednesday, Thursday & Friday, 6/22 – 6/24
9:00 a.m. – 12:00 noon

Fee: \$25; \$5 city resident discount

Location: McGee Park shelter – Wednesday & Friday
Hartsell Recreation Center – Thursday



CAMP OLYMPICS



Activity # 9017.216
Ages 6-12. Let the games begin at the first official Parks & Recreation Summer Olympics! A variety of games and activities will show you how it feels to be an Olympic athlete as you compete with and against your friends. Min. 4/Max. 20 participants.

Day: Monday, Tuesday, Wednesday, 8/15 – 8/17
9:00 – 12:00 noon

Fee: \$25; \$5 city resident discount

Location: Les Myers Park Amphitheater

YOUTH CAMPS

at Old Courthouse Theatre

Camps will be held at Old Courthouse Theatre, 49 Spring St. NW and instructed by OCT staff. Participants receive a free t-shirt! Pre-registration is required. Call 704-920-5600 for camp availability.

WILD ANIMALS

Activity # 9019.216
Ages 5-7. Explore different aspects of theatre as they play games, pretending to be wild animals and zoo keepers. They will create wild art projects and perform in short scenes. Bring snack and bag lunch. Min. 5/Max. 20 participants.

Day: Monday – Friday, 6/27 – 7/1
9:00 a.m. – 1:00 p.m.

Fee: \$160; \$10 city resident discount

SUPERHEROS!

Activity # 9018.216
Ages 5-7. Who are your superheros? Fire fighters, police, doctors or Superman? Create your own superhero character, costume and scenery that reflects your super hero power. Bring snack and bag lunch. Min. 5/Max. 20 participants.

Day: Monday – Friday, 7/11 – 7/15
9:00 a.m. – 1:00 p.m.

Fee: \$160; \$10 city resident discount

FRACTURED FAIRY TALES

Activity # 9020.216
Ages 8-10. Explore new takes on familiar stories as they play games, rehearsing with scenery and costumes. They will perform for family and friends at the end of camp. Bring snack and bag lunch. Min. 5/Max. 20 participants.

Day: Monday – Friday, 7/11 – 7/15
9:00 a.m. – 1:00 p.m.

Fee: \$160; \$10 city resident discount

PRODUCTION CAMP-ACTING 101

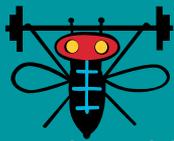
Activity # 9025.216
Ages 11-13. Participate in an intense week of theatre as they learn strategies for performance, write their own short scenes and construct sets, costumes and scenes. They will prepare and perform their student authorized and directed scenes as well as a separate short play for family and friends at the end of camp. Bring snacks and bag lunch. Min. 5/Max. 20 participants.

Day: Monday – Friday, 7/18 – 7/22
9:00 a.m. – 4:00 p.m.

Fee: \$295; \$20 city resident discount



YOUTH ACTIVITIES



GREENWAY ADVENTURES

Ages 4 & up. **NEW** programs! The greenways will be our classroom as we explore critters and their habitats with fun and creative activities. Parents are encouraged to join in the fun. Each program will meet at the designated greenway. Min. 4/Max. 20 participants.

Instructor: Taylor Morris

Day: Tuesday OR Thursday, as specified

Fee for each program: \$10; \$5 city resident discount



SOLAR FLARES

Activity # 9045.216

We will create our own stories of the sun with drawings and solar-powered activities.

Day: Tuesday, 6/21

10:00 – 11:30 a.m.

Pre-register by 6/17

Location: McGee Park

BUG BUNGALOWS

Activity # 9046.216

During a hike on the greenway and surrounding neighborhood we will collect supplies needed to construct our bug community.

Day: Tuesday, 7/12

10:00 – 11:30 a.m.

Pre-register by 7/8

Location: Hector H. Henry II Greenway

YOU-HAUL WATER

Activity # 9047.216

Our hike begins on the Hector Henry Greenway behind the Bark Park. Following the sounds of the babbling brook, we will seek water for our ultimate water relay!

Day: Tuesday, 7/26

10:00 – 11:30 a.m.

Pre-register by 7/22

Location: Weddington Road Bark Park

MISTY MURAL

Activity # 9048.216

Exploring water: where does it come from, where does it go? We'll bring out the paints and watch your creativity flow...on the huge mural using the most creative painting techniques.

Day: Tuesday, 8/2

10:00 – 11:30 a.m.

Pre-register by 7/29

Location: McGee Park

THE VOICE, NATURE ROUND

Activity # 9049.216

As we sit blindfolded we'll fine-tune our outdoor ears to identify creatures and their habitats. Then with a map of the greenway, we will try to pin the sound locations.

Day: Thursday, 6/30

4:30 – 6:00 p.m.

Pre-register by 6/27

Location: Hector H. Henry II Greenway

TREE-TECTIVES

Activity # 9050.216

The trees are under attack, and it is up to us to determine what is harming them and how we can keep them safe.

Day: Thursday, 7/14

4:30 – 6:00 p.m.

Pre-register by 7/11

Location: Weddington Road Bark Park

NATURE IN SHAPES

Activity # 9051.216

We're on the hunt for shapes in nature- a triangle in a tree, a circle on a leaf, and animals in the clouds? With our findings we will create a land art sculpture.

Day: Thursday, 7/28

4:30 – 6:00 p.m.

Pre-register by 7/25

Location: McGee Park

BUG OLYMPICS

Activity # 9052.216

In honor of the great games, we host one of our favorite adventures, Bug Olympics! Each critter you collect will compete for glory!

Day: Thursday, 8/11

4:30 – 6:00 p.m.

Pre-register by 8/8

Location: Hector H. Henry II Greenway

HIKING EXCURSIONS

Ages 12-16. Without traveling far we'll scale varying terrain, traverse creeks and track UCP's (Unknown Critter Prints). Bring a backpack, sunscreen, water, extra pair of socks and shoes, snack and picnic lunch, bug spray, camera and towel. Min. 4/Max. 12 participants.

Time: 9:00 a.m. – 2:00 p.m.

Fee per excursion: \$15; \$5 city resident discount

MYSTERY HIKES

Activity # 9040.216

We're backpacking thru varying terrain and waterways. Be sure to pack extra socks and shoes!! Diff. Level: Moderate – Strenuous

Day: Monday & Tuesday

6/27 – 6/28

Pre-register by 6/22

Location: Academy Recreation Center
147 Academy Ave. NW

TRAIL BLAZING

Activity # 9041.216

We're on the move and on the hunt for future trails. Along the way we will geocache for hidden treasures. Diff. Level: Moderate

Day: Wednesday & Thursday

7/13 – 7/14

Pre-register by 7/8

Location: McGee Park, 219 Corban Ave. E

UP A HILL, DOWN A MOUNTAIN

Activity # 9042.216

Adventures Monday on the Hector H. Henry II Greenway and Tuesday at Morrow Mountain State Park. We are putting our hiker skills to the test. Diff. Level: Moderate – Strenuous

Day: Monday & Tuesday

8/8 – 8/9

Pre-register by 8/3

Location: Academy Recreation Center
147 Academy Ave. NW

GREENWAY LOCATIONS

Hector H. Henry II Greenway – meet at trail head, 1215 Moss Farm St. NW

McEachern Greenway – meet at the McGee Park shelter, 219 Corban Ave E

Weddington Road Bark Park – meet at trail head, 8955 Weddington Rd



YOUTH ACTIVITIES



LIBRARY LINE-UP

Ages 6-12. Programs are geared to coincide with the Public Library's Summer Reading Program.

Day: Wednesday, 3:00 – 4:00 p.m.

Location: Concord Public Library
27 Union St. N

SURVIVOR OUTSMART, OUTLAUGH, OUTFUN

Wilderness, island isolation and zombie apocalypse. How do you survive? Through games and crafts, you'll learn and train how to put your survival skills to the test.

Day: 6/29

SUPERHERO SUPER SLAM

Ride, fly or swing in dressed as your favorite superhero. Show off your skills and powers in the superhero competition of the year!

Day: 7/20



MINECRAFT MAYHEM

Construct tools to build your 3 dimensional box world, mine for treasures and fend off enemies.

Day: 8/10



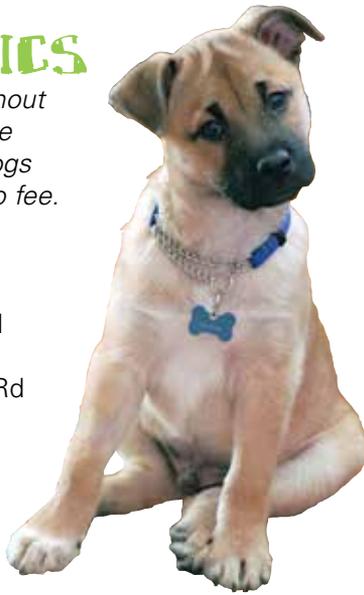
BOWWOW BASICS

Ages 6-12, come with or without your pet to learn about doggie language, how to train our dogs and the best ways to play. No fee.

Day: Thursday

10:00 – 11:00 a.m.

Location: Weddington Road
Bark Park
8955 Weddington Rd



DOGGIE DIALECT

Let's explore the basics of dog expressions and conversations.

Day: 6/30

TRAINING & TRICKS

Let's practice some of the best tips for teaching our pups.

Day: 7/14

PAWS IN PLAY

Let's observe the proper way to play with our pups.

Day: 7/28

PARTY ANIMALS

Let's dress the pups in costumes you bring and party down!

Day: 8/11



SILLY SUMMER DAYS

Ages 6-12. Run, jump, play and be super silly in the park! Wear play clothes and bring a bottle of water. Min. 4/Max 20 participants. Program locations listed below. Park addresses listed on page 23.

Day: Wednesday, 10:00 a.m. – 12:00 noon

Fee for each program: \$10; \$5 city resident discount



DYE IT UP!

Not your traditional tie dye! Bring a white t-shirt, towel, pillowcase or a pair of socks and we'll provide the color and show you a new technique.



Day: 6/29 Activity # 9021.216

Location: Beverly Hills Park

Day: 8/3 Activity # 9031.216

Location: Dorton park

SUPERHERO SUPERSOAKERS

When you mix bubbles, water, supersoakers, and super powers, what do you get? This fun-filled Silly Summer Day! Join the wet and very wild games and come dressed as a superhero as we celebrate Park and Recreation Month in superhero style! Bring goggles for eye protection and a change of clothes.

Day: 7/13

Location: Dorton Park

Day: 7/27

Location: McGee Park

Activity # 9032.216

Activity # 9043.216

WACKY WATERMELON

We'll provide the watermelon! You'll eat it, carve it, juice it, race it, bust it, launch it and more! Join us for the sweetest, tastiest, stickiest Wednesday of the summer!

Day: 8/10

Location: McGee Park



Activity # 9054.216

SPECIAL EVENTS



SOL! SUMMER CELEBRATION

Celebrate the longest day of the year! Express your inner sol in the sun parade and around the drum circle. During this family event children can be creative, gallivanting in the Pixie Forest and transforming into mystical creatures by the hands of imaginative face painters! Artists, musicians and entertainment for all ages.

Day: Friday, 6/24

6:00 – 9:00 p.m.

Location: ClearWater Artist Studios
223 Crowell Dr. NW

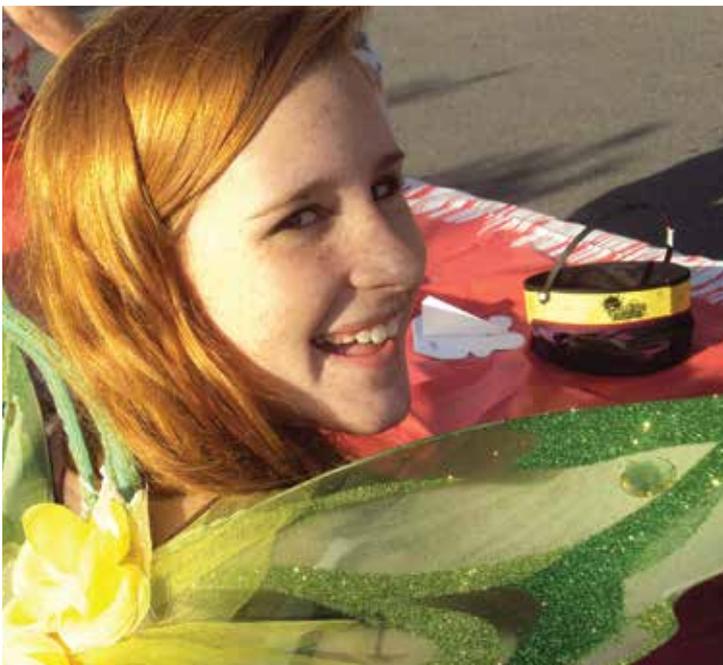
STREETLIGHT FROLIC

We're all dancing in the street! The DJ will fill downtown with music while children enjoy classic summer games, activities, amusements and arts & crafts!

Day: Friday, 7/8

6:00 – 9:00 p.m.

Location: Union Street

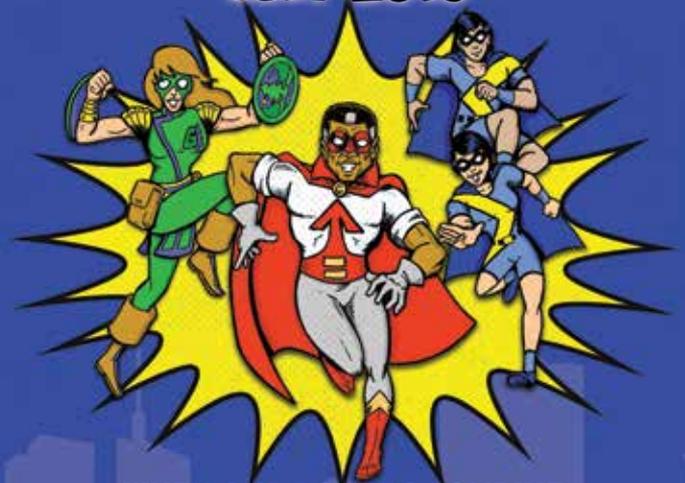


This July, discover your super powers at your local parks and rec!

When we work together to further health and wellness, conservation and social equity efforts, awesome things happen!

#SUPERJULY

PARK AND RECREATION MONTH JULY 2016



**WHEN OUR POWERS COMBINE,
WE CHANGE LIVES**



This July, the Park and Rec Brigade is here to help you discover your super powers at your local parks and recreation. Captain Community, the Green Guardian and the Fit Twins will guide you on your adventure during Park and Recreation Month.

National Recreation and Park Association

#SUPERJULY

WWW.NRPA.ORG/JULY



UNION STREET LIVE!

Always held the third Thursday on Means Avenue in downtown Concord, this concert series is coordinated by Concord Downtown Development Corporation. For more information, please contact them at 704-784-4208.

6/16: Main Stage: Jim Quick & Coastline

7/16: Main Stage: Fantastic Shakers

8/20: Main Stage: Band of Oz

RECREATION CENTERS

Concord Parks & Recreation has three recreation centers, Academy, Hartsell and Logan that provide a variety of recreational opportunities to the public. Each center offers billiards, foosball, air hockey and free-play in the gymnasium. Weight rooms, available to men and women, are equipped with machines, free weights and cardiovascular equipment. Content/schedule dates may be subject to change. Meeting rooms are available to the public. Fee based on usage.

RECREATION CENTERS HOURS OF OPERATION

Monday-Friday: 8:00 a.m. – 8:00 p.m.
Saturday: 12:00 noon – 5:00 p.m.
Sunday: CLOSED
Holidays: 12:00 noon – 6:00 p.m.
CLOSED: Thanksgiving & Christmas

ACADEMY RECREATION CENTER

147 Academy Avenue NW • 704.920.5601
Frances Bost, Center Supervisor

Information for Beverly Hills Park, Les Myers Park, J. W. "Mickey" McGee Park, Harold B. McEachern Greenway and The Village Greenway

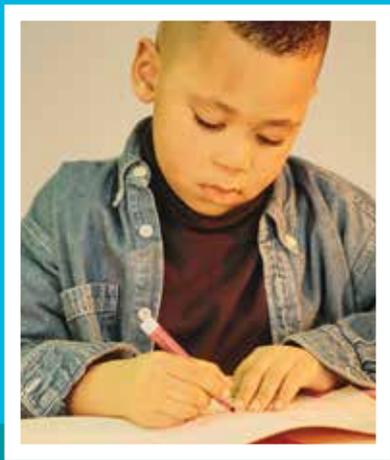
FATHER'S DAY CRAFT

Activity # 1001.216

Ages 5-12. Show dad how special he is by making him a TIE-NY gift. No fee.

Day: Wednesday, 6/15

Pre-register by 6/10
2:00 – 4:00 p.m.



HARTSELL RECREATION CENTER

60 Hartsell School Road • 704.920.5602
Martha Hagood, Center Supervisor
Information for Hartsell Park and James L. Dorton Park

BALLET

Ages 2-5 and 6-10. Learn ballet principles, body position, carriage and posture through movement. Instructor: Tuwana McNeely
Fee per session: \$15; \$5 city resident discount

AGES 2-5

Day: Monday, 10:00 -10:30 a.m.

SESSION I: 6/6 – 6/27 Activity # 1048.216

SESSION II: 7/11 – 8/1 Activity # 1049.216

SESSION III: 8/8 – 8/29 Activity # 1050.216

AGES 6-10

Day: Tuesday, 6:30- 7:00 p.m.

SESSION I: 6/7 – 6/28 Activity # 1043.116

SESSION II: 7/12 – 8/2 Activity # 1044.216

SESSION III: 8/9 – 8/30 Activity # 1042.216



LOGAN MULTI-PURPOSE CENTER

184 Booker Street SW • 704.920.5603
Rodney Smith, Center Supervisor
Information for Caldwell Park and W. W. Flowe Park



COLORING DAY

Age 4-13. Get creative with crayons.

Day: Monday
6/13 – 8/1
12:00 p.m.

STORY TIME

Age 5-10. Enjoy a book read to you from our collection. No fee.

Day: Tuesday, 7/7, 7/21, 8/4
12:00 p.m.

MOVIE DAY

Age 5-13. Watch one of our kid-friendly movies. Bring your snacks and drink. No fee.

Day: Friday, 7/29
1:00 p.m.



FATHER'S DAY CARD MAKING

Age 5-13. Make your father a card. No fee.

Day: Friday, 6/17
2:00 p.m.

RECREATION CENTERS



KIDS ZUMBA

Age 5 -10. Get moving with this fun filled class using the Zumba concept.

Instructor: Tuwana McNeely

Day: Thursday, 6/2 – 8/25

7:00 – 7:30 p.m.

Fee: \$3 per class

HARTSELL KARATE CLUB

Age 3 & up. Youth learn to kick, block, punch and strike.

Instructor: James Reid

Fee per session: \$15; \$5 city resident discount

Day: Monday, Wednesday, Friday, 6:30 – 8:00 p.m.

SESSION I: 6/6 – 7/1 Activity # 1054.116

SESSION II: 7/11 – 8/5 Activity # 1056.216

SESSION III: 8/8 – 9/2 Activity # 1057.216

Fee per session: \$25; \$5 city resident discount

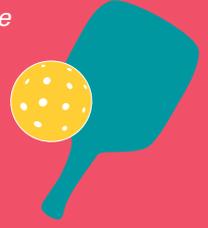


PICKLEBALL

Ages 50 & Up. Come learn the newest game in town – a racquet sport that combines badminton, tennis and table tennis. Bring your equipment or use ours. No fee.

Day: Monday & Wednesday

10:30 a.m. – 1:45 p.m.



WALKING CLASS

Self-instructed class. Get in shape while walking. No class on holidays or election days. No fee.

MORNING CLASS: Continual

Monday, Wednesday & Friday

9:15 – 10:15 a.m.

EVENING CLASS: Continual

Monday, Tuesday & Wednesday

4:00 – 5:00 p.m.

BINGO WITH BILL

Age 6-12. Bring your friends and share the fun. No fee.

Day: Tuesday, 8/2, 8/9, 8/16 & 8/23

2:00 – 3:00 p.m.

ADULT POOL TOURNAMENT

Age 18 & up. Play the game of billiards.

Day: Wednesday, 8/24

1:00 p.m.

Fee: \$2

YOUTH BINGO DAYS

Age 5-13. Try your luck to win prizes playing Bingo. No fee.

Day: Wednesday – Friday

8/17 – 8/19

1:00 p.m.

BASKETBALL FUNDAMENTALS

Age 6-15. Learn the basics: dribbling, passing and shooting. No fee.

Day: Monday, Wednesday & Fridays

6/13 - 8/12

3:30 – 5:00 p.m.



WALKING PROGRAM

Age 18 & up. Self instructed class. Get in shape while walking. No fee.

Day: Monday – Friday, continual

9:00 – 10:00 a.m.

SOUTHWEST KARATE

Ages 4 & up. Youth learn how to defend themselves, gain confidence and get in shape. Contact Tony Moody at 704.701.1346 for additional information.

Day: Tuesday & Thursday, Continual

5:30 p.m. – Ages 4 & 5

6:00 p.m. – Ages 6-10

7:00 p.m. – Ages 11 and up

3 ON 3 BASKETBALL

Age 9-16. Play with a 20 minute running clock. No fee.

Day: Tuesday & Thursday, 6/28 – 8/11

12:00 p.m.

ADULT POOL TOURNAMENT

Age 18 & up. Play the game of billiards.

Day: Friday, 6/3

1:00 p.m.

Fee: \$2



ADULT FITNESS CLASSES

A variety of fitness classes are offered. Many of our instructors hold nationally recognized certifications and all have significant training and experience. Minimum of eight participants per class.



Joy Dry AFAA Certified Personal Trainer & Group Fitness Instructor. All classes are held in the Fitness Room at Academy Recreation Center except Boot Camp in the Park.

BOOT CAMP MONDAY

Indoor group workout uses a combination of strength, cardio, muscle endurance, flexibility, core and functional movements. Each

class varies so you never get the same workout twice. Great for all levels as you can move at your own pace. Weights provided.

Day: Monday, 5:30 – 6:30 p.m.

SESSION I: 6/6 – 7/25 Activity # 8093.116
NO Class 6/13, 7/4

SESSION II: 8/8 – 9/19 Activity # 8094.216
NO Class 9/5

Fee per 6 week session: \$25; \$5 city resident discount

TOTAL BODY SCULPT

This strength training class targets major muscle groups for a total body workout using various equipment and body weights. Cool down, stretch and ab/core exercises conclude each class. Weights provided. Great for all levels.

Day: Wednesday, 5:30 – 6:30 p.m.

SESSION I: 6/8 – 7/27 Activity # 4071.216
NO class 6/15, 7/6

SESSION II: 8/10 – 9/21 Activity # 4072.216
NO Class 9/7

Fee per 6 week session: \$25; \$5 city resident discount

BOOT CAMP IN THE PARK

Age 18 and up. This extreme fitness class will focus on levels of exercise incorporating cardio drills, resistance training with your body weight and core workouts. Medical clearance required for those over 40 yrs. old. Bring bottled water, mat or towel and a pair of hand weights.

Instructor: Joy Dry

Day: Monday, Wednesday & Thursday
5:00 – 6:00 a.m.

Fee per session: \$40; \$5 city resident discount (9 classes per session)

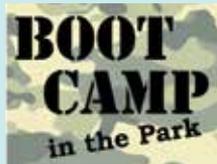
SESSION I: 6/6 – 6/30 Activity # 8102.116
NO class 6/13, 6/15, 6/16

SESSION II: 7/11 – 7/28 Activity # 8103.216

SESSION III: 8/8 – 8/25 Activity # 8104.216

SESSION IV: 8/29 – 9/22 Activity # 8105.216
NO class 9/5, 9/7, 9/8

Location: Les Myers Park Ball Field



Dawn Grant Dawn has been teaching group fitness since 2010. She holds National Aquatic Certification and certifications in Sports Conditioning and Kick Up Your Cardio Combos training in Subtle Yoga, Vinyasa Yoga and Immersion, Prenatal Yoga and many other specialized trainings. All classes are held in the Fitness Room at Academy Recreation Center unless otherwise noted.

GENTLE YOGA

Basic Gentle Yoga to center the body and the mind with an emphasis on meditation. Wear comfortable clothes and bring a blanket for comfort.

Day: Thursday, 12:00 noon – 1:30 p.m.

SESSION IV: 5/19 – 6/23 Activity # 4068.116

SESSION I: 7/14 – 8/18 Activity # 4058.216

Fee per 6 week session: \$28; \$5 city resident discount

CHAIR YOGA

Designed for those with physical limitations, by stretching and strengthening of the body for more flexibility and pain management.

Day: Thursday, 2:00 – 3:00 p.m.

SESSION IV: 5/19 – 6/23 Activity # 4046.116

SESSION I: 7/14 – 8/18 Activity # 4045.216

Fee per 6 week session: \$20; \$5 city resident discount

According to the American Heart Association, you need at least a total of 150 minutes of moderate exercise per week or a minimum of 30 minutes per day for five days a week to get heart-healthy benefits.

Your daily total can be achieved from a few 10-15 minute exercise sessions, such as house cleaning, gardening, or walking the dog, and will give you the same benefits as participating in an exercise class.

But our fitness classes are a lot of fun, so we hope you'll include them in your exercise routine!

ADULT FITNESS CLASSES



Michelle Colombero As a Master Personal Trainer and Fitness Instructor, Michelle began teaching in 2000 in New Jersey, bringing her experience to NC in 2007. All classes instructed by Michelle are located at Academy Recreation Center.

PERSONAL TRAINING

Master Personal Trainer Michelle Colombero will design a 1 hour fitness program that includes strength training for your upper and lower body, a cardiovascular component, nutritional consultation and flexibility exercises. Fee: \$40 per 1 hour session; \$5 city resident discount



CLASSICAL STRETCH

30 minute class increases mobility, helps release tension and keeps joints healthy and pain-free through strengthening and stretching exercises. Great for all ages!! Max. 20 participants.

Day: Monday & Wednesday, 12:15 – 12:45 p.m.

SESSION IV: 5/16 – 6/27

Activity # 4079.116

SESSION I: 6/29 - 8/8

Activity # 4076.216

NO class 7/4

SESSION II: 8/10- 9/21

Activity # 4077.216

NO class 9/5

Fee per 6 week session: \$30; \$5 city resident discount

PILATES

Improve your core strength, flexibility and balance while building strength without bulk. The workout incorporates bands, weights and fitness balls and combines yoga techniques.

Max 20 participants.

Day: Wednesday 7:00 – 8:00 p.m.

SESSION III: 5/11 – 6/15

Activity # 4067.116

SESSION I: 6/22 – 7/27

Activity # 4065.216

SESSION II: 8/3 – 9/14

Activity # 4066.216

Fee per 6 week session: \$25; \$5 city resident discount.

SATURDAY YOGA

Enjoy the asanas (postures), breathing and stretching that will help you feel flexible and relaxed. Closing with Savasana and Meditation. Wear comfortable clothes.

Max. 20 participants.

Day: Saturday, 9:00 – 10:00 a.m.

SESSION I: 6/11- 7/23

Activity # 4068.216

NO class 7/2

SESSION II: 7/30- 9/10

Activity # 4073.216

NO class 9/3

Fee per 6 week session: \$25; \$5 city resident discount

Did you realize you can convert your neighborhood playground into a Cross-Fit workout?

For a great price (free!), you can target all the major muscle groups in your upper body with a combination workout on the monkey bars, pull-up bars, rings and climbing walls.

Vickie Fisher

As a certified group fitness instructor, Vickie has taught through Parks and Recreation for over 15 years.



FITNASTICS

This low impact class incorporates resistance training with strength exercises using bands and weights. Bring your own 2 lb. weights, mat and water bottle.



Day: Tuesday & Thursday, 9:00 – 10:00 a.m.

SESSION IV: 5/17 – 6/23

Activity # 4060.116

SESSION I: 6/28 – 8/4

Activity # 4059.216

SESSION II: 8/9 - 9/15

Activity # 4060.216

Fee per 6 week session: \$35; \$5 city resident discount

Location: Hartsell Recreation Center

ACTIVE LIVING

ZUMBA GOLD

Specifically designed for the active older adult and those just starting a fitness routine.

Instructor: Tuwana McNeely

Day: Wednesday, 6/1 – 8/31
10:00 – 11:00 a.m.

Fee \$3 per class

Location: Hartsell Recreation Center



PIN SPLITTERS

Activity # 8013.216

Pin Splitters is a bowling league designed for individuals with developmental disabilities.

Participants gain skills in league play and competition, socialize with friends and be active!

Day: Saturday, 6/25 – 8/13
5:00 – 7:00 p.m.

Registration fee: \$15; \$5 city resident discount

Weekly fee: \$10, payable to Foxfire Lanes. Includes 3 games and shoes.

Location: Foxfire Lanes

225 Security St., Kannapolis

ZUMBA

This dynamic fitness format combines fast and slow rhythms to tone and sculpt the body.

Fee: \$3 per class

Day: Monday, 6:30 – 7:30 p.m.

Instructor: Michelle Briggs

Location: Logan Multi-purpose Center

Day: Tuesday, 7:00 – 8:00 p.m.

Instructor: Ursula Barrier

Location: Logan Multi-purpose Center

Day: Tuesday & Thursday, 7:30 - 8:30 p.m.

Instructor: Tuwana McNeely

Location: Hartsell Recreation Center

Day: Saturday, 10:00 – 11:00 a.m.

Instructor: Ursula Barrier

Location: Logan Multi-purpose Center

If you need information in an alternate format or require a reasonable accommodation for City communications services/ programs, please contact the ADA Coordinator at 704.920.5100.



CAROLINA SHAG DANCE

Learn the fundamentals of the dance that originated in the Carolinas. Open to singles and couples. Min. 10 participants. MUST pre-register.

Instructor: Patty Blackmon



JUNE SESSION:

Day: Thursday, 6/2 – 6/25

BEGINNERS: 6:30 – 7:30 p.m.

INTERMEDIATE: 7:30 – 8:30 p.m.

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8080.216

Activity # 8081.216

Activity # 8082.216

AUGUST SESSION:

Day: Thursday, 8/4 – 8/25

BEGINNERS: 6:30 – 7:30 p.m.

INTERMEDIATE: 7:30 – 8:30 p.m.

ADVANCED: 8:30 – 9:30 p.m.

Activity # 8083.216

Activity # 8084.216

Activity # 8085.216

Fee per session: \$40, \$5 city resident discount

Location: Academy Recreation Center

FIT & FABULOUS

Activity # 4167.116

Stay fit and fabulous with this great group of senior adults. Enjoy walking, range of motion, strength exercises and fellowship. Monthly luncheons, local trips and an occasional surprise are included.

Day: Wednesday, 6/1 – 8/31

10:00 – 11:00 a.m.

Fee: \$10; \$5 city resident discount

Location: Fire Station # 8, 1485 Old Charlotte Rd

TRIPS

Enjoy traveling and leave the driving to us! All trips depart from "The Village" located across from First Assembly on 280 Concord Parkway South in Concord, 28027. Please park in the parking lot north of Big Lots, across from Arby's. Plan to arrive 30 minutes before departure for trips. Pre-registration is required.

WILKESBORO MUSEUM, COMMUNITY GARDENS & FRESCOES Activity # 7003.216

Join us for a visit to Wilkesboro for a historic look at the city. We will visit the Wilkes Heritage Museum that tells the story of the American Indians, Moravian explorers, revolutionary heroes and more. We then proceed to the Wilkes Community College Gardens that houses several specialty gardens, including the unique Eddy Merle Watson Garden of the Senses and finally, to view the breath-taking Frescoes at St. Paul's Episcopal Church.



Bus Departs: 8:00 a.m.

Day: Wednesday, 6/29

Pre-register by 6/8

MUST cancel before 6/15

Fee: \$54 (includes meal)

TOUR OF LEXINGTON, NC Activity # 7002.216

On our tour of Lexington, NC, we will visit many locations original to the BBQ famous city. At Mrs. Hanes Hand Made Moravian Cookie Company you will see the entire cookie making process. You will also see the largest handmade cookie in the world! We will visit Bob Timberlake Gallery & Museum, a retail complex and museum that features the art, home furnishings and accessories of the internationally recognized artist/designer. We'll dine at Lexington Style Trimmings, famous for Lexington style BBQ and afterwards proceed to downtown Lexington where you will be able to visit the Candy Factory, Lanier Hardware and other stores for an hour or so.



Bus Departs: 8:30 a.m.

Day: Thursday, 7/21

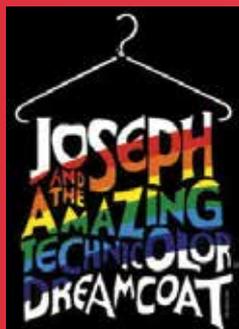
Pre-register by 6/29

MUST cancel before 7/14

Fee: \$39 (includes meal)

WOHLFAHRT HAUS: JOSEPH & THE AMAZING TECHNICOLOR DREAMCOAT Activity # 7004.216

This Andrew Lloyd Webber & Tim Rice favorite is a biblical-based, rollicking musical parable for young & old. This spectacular production is told through vaudevillian turns, country two steps, Calypso and good old-fashioned rock and roll! Sing along with "One More Angel in Heaven," "Close Every Door" and "Any Dream Will Do."



Bus Departs: 8:00 a.m.

Day: Thursday, 8/25

Pre-register by 8/3

MUST cancel before 8/18

Fee: \$77 (includes meal)

ADULT ART



ClearWater ARTIST STUDIOS



ADULT ART at ClearWater

Classes are located at ClearWater Artist Studio,
223 Crowell Dr. NW, unless noted otherwise

**Pre-registration is required. Call 704-920-5600 for
class availability.**

FAUX TAXIDERMY

Create a fun "faux taxidermy" animal head of your
choice using found, up-cycled objects and paper mache
clay. Take it home and hang it on your wall!! Min. 6/
Max. 12 participants. All materials provided.

Instructor: Brandi McKenna

Day: Saturday, 9:00 a.m. – 12:00 noon

SESSION I: 6/18, 6/25, 7/2 Activity # 5125.116

SESSION II: 7/16, 7/23, 7/30 Activity # 5126.216

SESSION III: 8/6, 7/13, 8/20 Activity # 5127.216

Fee per session: \$120; \$10 city resident
discount

JEWELRY DESIGN

Learn design and joining techniques as you create a
one of a kind assembled necklace. Learn techniques
such as piercing, drilling, joining and layering metal.
Min. 4/Max. 12 participants. All materials provided.

Instructor: Dusti Harlan

Day: Saturday, 1:00 – 3:00 p.m.

6/18 Activity # 5128.116

7/16 Activity # 5129.216

7/30 Activity # 5130.216

8/13 Activity # 5131.216

Fee per class: \$45; \$5 city resident discount

QUILTING

Beginner and intermediate quilters, enjoy creating a lifetime keepsake. For a materials list call 704.920.5603.

DAY CLASS

Instructor: Carolyn Sweet

Day: Tuesday, 9:00 a.m. – 12:00 p.m.

SESSION I: 6/7 – 8/2 Activity # 5025.116

NO class 7/5

SESSION II: 8/9 – 10/4 Activity # 5026.216

NO class 9/6

Fee per 8 week session: \$40; \$5 city resident
discount

Location: Logan Multi-Purpose Center

EVENING CLASS

This class is self-instructed

Day: 6/2 – 9/29

Activity # 5024.115

7:00 – 9:00 p.m.

Fee: \$30; \$5 city resident discount

Location: Fire Station #7

250 International Drive NW



REGISTRATION PROCESS

Registration is on a first-come, first-served basis. Fees are due and payable upon registration. A registration form for our classes is included below. A signed registration form is required for participation in all programs. Please note: Summer Playground, Athletic Programs and Special Events require different registration forms. Please call for the appropriate form or download from our web site at www.concordparksandrec.org.

There are three ways you can register for classes or programs:

1 Mail: Complete this registration form, include payment and mail to:
Concord Parks & Recreation Department
P.O. Box 308, Concord, NC 28026-0308

2 Online: For your convenience, some classes and programs are now available through online registration. Please visit our web site at www.concordparksandrec.org to see if online registration is available for your class or program. Online registration payment can be made with your credit or debit card. A user fee is applied to online charge payments.

3 Walk-in: Complete this registration form and bring with payment to:
Academy Recreation Center
147 Academy Avenue NW,
Concord, NC 28025

City Resident Discount: Many of our activities and programs offer discounts to City of Concord Residents due to contributions to the local tax base. If a discount is offered, it is shown as a City Resident Discount, and if applicable, this amount will be deducted from the program fee as indicated. This discount applies to registration fees and not to supplies, materials, equipment, etc. You are a resident if you reside within the City Limits of Concord. If you are still not sure please call 704.920.5600. Please call 704.920.5600 or email us at recreation@concordnc.gov if you have any questions or concerns.

MAILING ADDRESS:

Concord Parks & Recreation
P. O. Box 308
Concord, NC 28026-0308
147 Academy Avenue, NW
Tel. 704.920.5600 | Fax 704.792.1971
www.concordparksandrec.org

TDD/North Carolina Relay 1.800.735.8262.

Registration Form (PLEASE PRINT)

Participant's Name _____

Home/Cell Phone _____

Work Phone _____

Do you want to receive texts? Yes No

Address _____

City _____ State _____ Zip _____

Email _____

Activity/Trip _____

Activity/Trip Site _____

Dates: From _____ To _____

Time: _____ (am/pm) on M T W TH F SAT SUN (PLEASE CIRCLE)

I agree to release and hold harmless the City of Concord and its staff from any and all claims for personal injury, property loss or any other loss that may arise out of or during participation in this program. I understand that pre-registration in my class is on a first-come, first-served basis, and that the Concord Parks & Recreation Department, its staff, facilities, and instructors will not be held responsible for any injury or loss that might occur in the course of the program. The department reserves the right to cancel or modify programs due to enrollment, weather or other situations that are deemed necessary. Refunds may be made in cases in which changes in class day, time or site prevent participation. I understand that photographs may be taken during the program for departmental use. Registration fee is enclosed (if applicable).

Registrant's Signature _____
(Parent's signature if registrant is under 18)

Residency (PLEASE CHECK ONE) City of Concord Resident Non-Resident

Date _____ Fee Enclosed _____

Please make check payable to City of Concord

Administrative Office • 704.920.5600
147 Academy Avenue, NW

Academy Recreation Center • 704.920.5601
147 Academy Avenue, NW

Beverly Hills Park • 704.920.5601
631 Miramar Street, NE

Marvin Caldwell Park • 704.920.5603
362 Georgia Street, SW

James L. Dorton Park • 704.920.5602
5790 Poplar Tent Road

Gibson Field
704.784.2616 or 704.920.5600
321 Misenheimer Avenue, NW

Hartsell Recreation Center • 704.920.5602
60 Hartsell School Road

Hartsell Field Complex
704.788.9325 or 704.920.5600
30 Swink Street, NW

Hartsell Park • 704.920.5602
65 Sunderland Road

Lake Fisher Reservoir Boat Rentals
704.920.5600 or 704.938.1327
5099 Lake Fisher Road
(Seasonal) March-October

Logan Multi-Purpose Center • 704.920.5603
184 Booker St., SW

McAllister Field • 704.920.5600
160 Crowell Drive, NW

Harold B. McEachern Greenway
704.920.5600

Enter at Les Myers Park or
J. W. McGee, Jr. Park

The Village Greenway • 704.920.5600
175 Academy Avenue, NW

J. W. "Mickey" McGee, Jr. Park
704.920.5601 or 704.920.5600
219 Corban Avenue, East

John F. McInnis Aquatic Center
704.785.8105

151 Academy Avenue, NW
(Seasonal, May-August)

Les Myers Park • 704.920.5600
338 Lawndale Avenue

Rocky River Golf Club at Concord
704.455.1200
6500 Bruton Smith Blvd.

W. W. Flowe Park • 704.920.5600
99 Central Heights Drive

Webb Field • 704.920.5600
165 Academy Avenue, NW

Weddington Road Bark Park
704.920.5600
8955 Weddington Road

PARKS HOURS:

April - October

Open daily from 8:00 a.m. until 9:00 p.m.
Lighted field and court facilities close at 11:00 p.m.

November - March

Open daily from 8:00 a.m. until 7:00 p.m.
Lighted field and court facilities close at 10:00 p.m.



MAKE IT A GREAT SUMMER!

With Concord Parks & Recreation!

*We look forward to seeing you in our parks
and on our greenways.*



Stay updated on new programs and events by liking us on Facebook and Instagram:
www.facebook.com/concordncparksandrec



[concordncparksandrec](https://www.instagram.com/concordncparksandrec)

Feel free to contact us or visit our website if you have any questions concerning our facilities. You can find our contact information in this issue or on our website:

www.concordparksandrec.org

