

Leisure Times

Summer 2011



Concord
NORTH CAROLINA
PARKS & RECREATION

A message from the director...



BOB DOWLESS

Providing quality programming and services, a safe, aesthetically pleasing greenway and park system is the commitment we make every day to the families and residents of Concord. We take great pride in providing services that enhance quality of life and we strive to make our community a great place to live.

I hope you have the opportunity to get outdoors and walk the greenway, visit one of our parks, experience one of our special events, visit one of our community centers, and participate in a recreational class or program.

Concord Parks & Recreation takes great pride in the community support we receive and want you to know that we are continually working to earn your support. We welcome your comments, questions or concerns. You can reach our office at 704-920-5600 or email us at recreation@concordnc.gov

“There is no better time to invest in a healthy future than today.”

Concord

NORTH CAROLINA
PARKS & RECREATION

City of Concord Parks & Recreation exists to provide recreation services, parks and facilities that enrich the lives of all residents and promote the opportunity for a healthy lifestyle.

Athletics

YOUTH ATHLETICS BASEBALL, BASKETBALL, SOCCER

4-5 Instructional Division – Designed to introduce players to organized sports. Rules are simplified, team rosters are reduced, and playing season is compacted to allow maximum exposure to in a limited time frame. (All games and practices in this division are on Tues and Thurs nights.)

6-7-8 Division – Begins developing fundamentals for each specific sport. Rules are modified to present the optimum playing experience for novice participants. (Practices are on week nights and games are on Sat.)

9-10 Division – Builds on basic fundamentals of given sport. Rules are slightly modified to present optimum playing experience for participants with limited exposure. (Practices are on week nights and games are on Sat.)

11-12 and 13-15 Divisions – Designed to promote teamwork, sportsmanship and advance fundamental development. No rule modifications. (Practices are on week nights and games are on Sat.)

- Registration available at Academy Recreation Center, Logan Recreation Center and Hartsell Recreation Center 8-5 p.m. during open registration periods.
- Registration available on-line 24/7 during open registration periods at www.concordparksandrec.org
- Registration fees: \$30 for city residents, \$50 for non-city residents.
- Contact the Athletic Office at 704-920-5600 for more information.



TIME LINES:

Baseball Open Registration: January; **Playing season:** April - June

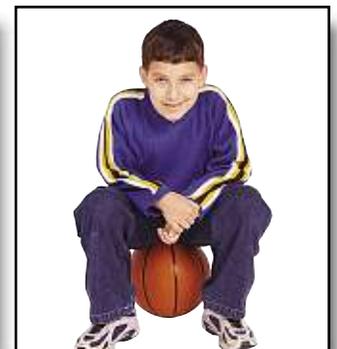
Soccer Open Registration: June; **Playing season:** August - November

Basketball Open Registration: September; **Playing Season:** December - March

MAYOR AND CITY COUNCIL

Mayor, J. Scott Padgett

- David W. Phillips – District 1
- Jim Ramseur – District 2
- Ella Mae Small – District 3
- Alfred M. Brown, Jr. – District 4
- W. Lamar Barrier – District 5
- Hector H. Henry, II – District 6
- John A. Sweat, Jr. – District 7



Athletics

ADULT ATHLETICS

Concord Parks and Rec currently offers 2 different Adult sports activities, softball and basketball. Teams enter the league pre-formed. Seasons consist of 10 regular season games and 1 single elimination tournament game. Contact 920-5618 for more information or visit our web-site at www.concordparksandrec.org.

Basketball – Winter

Divisions: Church, Open, Women's and Over 40
Registration: December
Playing Season: January -March
Fee - \$375

Adult Softball – Spring

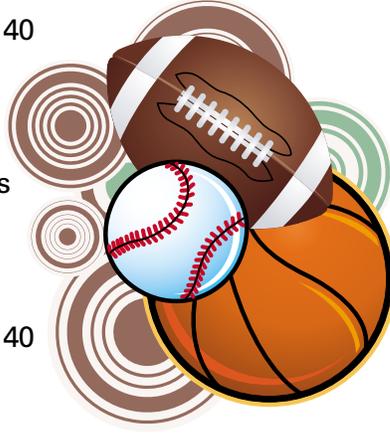
Divisions: Church, Open, Co-ed and Women's
Registration: March
Playing Season: April-June
Fee - \$375

Basketball – Summer

Divisions: Church, Open, Women's and Over 40
Registration: May
Playing Season: June-July
Fee - \$375

Flag Football – Fall

This program is in development and will be offered dependent upon interest. If interested please contact 920-5618.



Editor's note:

We hope Leisure Times gives you an insight into what Concord Parks & Recreation offers this summer. The thrust of each of these publications is to be a convenient reference in assisting you in making selections for a healthy life style.

On this issue's cover is our new Police Park Watch officer Mike Drake and his K9 companion, Udo. We hope you will take the time to speak with them when you see them in a parks or greenway.

We invite you to contact us for questions and comments. You can find our contact information in this issue or by visiting our website www.concordparksandrec.org

We look forward to seeing you in our park and on our greenways.

TENNIS

Known as "the sport of a lifetime", tennis directly impacts a person's health and quality of life. Tennis is a family-friendly sport, which not only provides a great aerobic workout, but also teaches values such as teamwork, sportsmanship, fair play, and discipline. **The City of Concord is a member of the USTA.** Contact Tennis Coordinator, Chad Oxendine, AMP Tennis, LLC at 704-806-0909 for all your tennis needs. www.amptennis.com.

QUICK START TENNIS

Quick Start Tennis is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. It is divided into two different levels — ages 5-8 and ages 9 & 10. Call Ryan Jones for more class information at 704-920-5619.

Instructor - Chad Oxendine, AMP Tennis, LLC

Session I: Activity #6006.211

Saturdays, 9:00 - 10:00 a.m.

6/4, 6/11, 6/18, 6/25 – 5 - 10 year olds

Session II: Activity #6007.211

Saturdays, 9:00 - 10:00 a.m.

7/9, 7/16, 7/23, 7/30 – 5 - 10 year olds

Session III: Activity # 6008.211

Thursdays, 6:00 - 7:00 p.m.

7/7, 7/14, 7/21, 7/28 – 5 - 10 year olds

Session I: Activity #6009.211

Saturdays, 9:00 - 10:00 a.m.

8/6, 8/13, 8/20, 8/27

Program resumes in September, 2011

Fee: Group session: \$25;

\$5 city resident discount

Per lesson: \$13; *\$5 city resident discount*

Location: Les Myers Park Tennis Courts 1-6



**Coaches and sponsors are needed for all sports!!
Please contact us at 704-920-5618 to discuss opportunities.**

Athletics

ROAD RACES ON THE GREENWAY

Both races begin and end in Les Myers Park, runs on the McEachern Greenway and the new Downtown Connector Greenway. This course is certified. The McEachern Greenway has been designated as part of the Carolina Thread Trail.

STREETLIGHT 5K

Activity # 6001.211

Friday, 7/15

7:30 p.m.

6:00 p.m. Pre-registration

7:00 p.m. Fun Run begins

7:30 p.m. 5K begins

Fee: \$12 Early Registration

\$15 After 7/8

DAY OF THE THREAD 5K

Activity # 6002.311

Saturday, 11/5

5:30 p.m.

4:00 p.m. Pre-registration

5:00 p.m. Fun Run begins

5:30 p.m. 5K begins

Fee: 5K: \$12 Early Registration

\$15 After 10/28

Awards given to overall male and female and to the top three male and female finishers in each age group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75 and over. Male and female stroller category available.

Call 704-920-5619 for a registration form or download one from our website. Online registration is available at www.concordparksandrec.org



COUCH TO 5K CHALLENGE

Activity #6003.211

This group training and exercise program is designed to encourage, motivate and challenge the individual to compete with his/her peers. No running experience is necessary. The final goal is to run the Day of the Thread on 11/5 (registration fee required).

REFLEX International certified instructor.

Tuesday & Thursday

8/30, ongoing, 6:30 p.m.

Registration Fee: \$10

Location: Dorton Park, 5790 Poplar Tent Road

City of Concord Parks & Recreation and REFLEX International are taking the wellness program to the next level with the COUCH TO 5K CHALLENGE.

REFLEX International provides events and competitions designed around health and fitness. Whether you are on your own or part of a group, REFLEX and Parks and Recreation can help you and those around you grow and succeed.



CROSS COUNTRY FOR YOUTH

Activity #6004.211

Cross Country is a competitive running sport in which teams of runners, both young men and young women, from different schools or areas compete against each other on a specific running course. Though sometimes they run at the same time, the men's and women's teams are scored separately. Cross-country is not the same sport as track.

The first 30 minutes of each class will consist of a character message from local community residents. The last hour of each class will consist of cross-country training by motivating and dedicated volunteer coaches.

Local competitions will be held at Les Myers Park during the 10 week program, however practices will be held at the Academy Recreation Center. An end of season regional competition will be held at McAlpine Park in Charlotte. Open to 4th - 8th graders; Max. 25 participants

Monday & Wednesday

9/12 - 11/16, 4:30 - 6:00 p.m.

Fee: \$15; \$5 city resident discount

Location: Practices - Academy Recreation Center

Competitions - Les Myers Park

CROSS COUNTRY VOLUNTEER COACHES NEEDED!! Please contact Ryan Jones at 704-920-5619 for more information.

Athletics

Golf

ROCKY RIVER GOLF CLUB AT CONCORD

Register at Rocky River Golf Club
Floyd Gragg, PGA Instructor,
704-455-1200 ext: 7,
floyd.gragg@jqh.com or Concord
Parks & Recreation, 704-920-5619,
concordparksandrec.org

PRIVATE LESSONS by PGA Certified
Instructors available by appointment.

SHORT GAME SCHOOLS (putting,
chipping, pitch shots) conducted by
Rocky River Golf Club PGA
Instructors. Contact golf shop at
704-455-1200 ext: 2 for dates and
time.
Fee: \$100.00 for 4 classes
(includes range balls)

MAYOR'S JUNIOR GOLF TOURNAMENT

Open to all Junior Golfers ages 9 - 17
who are Cabarrus County residents.
Limited to the first 100 entries.
Wednesday, 8/17
No entry fee.
Entry forms available at Rocky River
Golf Club.

JUNIOR GOLF CAMP FOR BEGINNERS

Monday - Thursday
9:00 a.m. - 12:00 noon
Session I: Activity #6006.211
6/20 - 6/23
Session II: Activity #6007.211
7/25 - 7/28
Fee: \$175, includes instruction, range
balls, lunch, player gift, prizes

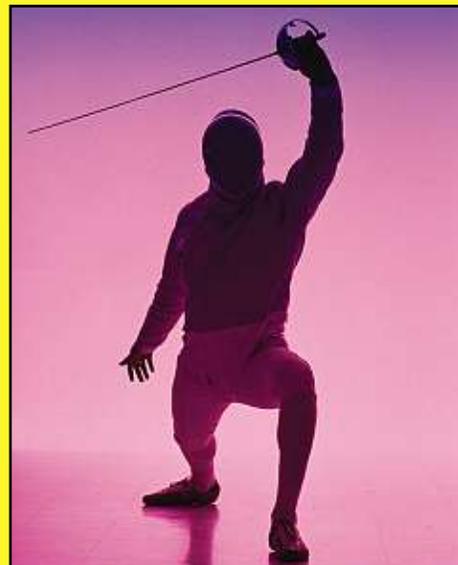
JUNIOR GOLF CAMP FOR ADVANCED PLAYERS

Monday - Thursday
9:00 a.m. - 12:00 noon
Session I: Activity #6008.211
7/11 - 7/14
Session II: Activity #6009.211
8/8 - 8/11
Fee: \$175, includes instruction, range
balls, lunch, player gift, prizes

LADIES SUMMER GOLF CLASSES

Activity #6005.211
Get swing, short game and on course
instruction. Register at Rocky River
Golf Course or at Concord Parks and
Recreation.
Tuesdays
6/21, 6/28, 7/5, 7/12
5:30 - 7:00 p.m.
Fee: \$75; \$5 city resident discount
(includes range balls)

FENCING



FENCING CAMP

Activity #6210.211
Charlotte Fencing Academy
offers fencing classes that
embrace a philosophy centered
on the three core values of
honor, integrity, and courage.
Each student will learn the basic
art of fencing and will have the
opportunity to enjoy this sport
for the rest of their lives.
Equipment is provided. Ages 8
and up! Min. 5 participants; max.
25 participants.
Instructed by certified and
experienced Charlotte Fencing
Academy staff.
Monday - Friday, 8/15 - 8/19
9:00 a.m. - 12:00 p.m.
Fee: \$190; \$5 city resident discount
Location: Academy Recreation
Center
Call Ryan Jones at 704-920-5619
for more information!



LAKE FISHER

Lake Fisher is a North Carolina watershed, providing water to Concord residents. Because of this classification rules and regulations govern activities on the lake. Please assist us by following these guidelines. The lake will operate through Saturday, November 12, 2011. This date is subject to change due to water restrictions, special programs or other factors deemed necessary by City of Concord officials.

Hours of Operation:

Monday & Tuesday: closed
Wednesday - Saturday: 7:00 a.m. - 3:00 p.m.
Sunday: 1:00 p.m. - 6:00 p.m.

Boat Rental Fees (per person):

Adult: \$10; \$5 city resident discount
Senior Adult (60 or older): \$8; \$5 city resident discount
Youth (12 -16): \$8; \$5 city resident discount

Swim Lessons

SESSION 1

Level	Dates	Time	Day	Activity #
PreSchool	6/6 - 6/16	5:45	Mon - Thurs	2009.211
1	6/6 - 6/16	5:45	Mon - Thurs	2011.211
2	6/6 - 6/16	5:45	Mon - Thurs	2003.211
3	6/6 - 6/16	5:45	Mon - Thurs	2004.211
4	6/6 - 6/16	5:45	Mon - Thurs	2005.211
5&6	6/6 - 6/16	5:45	Mon - Thurs	2006.211
Adult Lesson	6/7 - 6/30	7:00	Tue & Thur	2067.211

SESSION 2

Level	Dates	Time	Day	Activity #
Parent/Child	6/20 - 6/23	10:45 AM	Mon - Thurs	2013.211
Parent/Child	6/20 - 6/23	5:45 PM	Mon - Thurs	2016.211
PreSchool	6/20 - 6/30	9:15 AM	Mon - Thurs	2008.211
PreSchool	6/20 - 6/30	10:00 AM	Mon - Thurs	2010.211
PreSchool	6/20 - 6/30	11:30 AM	Mon - Thurs	2014.211
1	6/20 - 6/30	9:15 AM	Mon - Thurs	2209.211
1	6/20 - 6/30	10:00 AM	Mon - Thurs	2211.211
1	6/20 - 6/30	5:45 PM	Mon - Thurs	2217.211
2	6/20 - 6/30	9:00 AM	Mon - Thurs	2018.211
2	6/20 - 6/30	10:00 AM	Mon - Thurs	2023.211
2	6/20 - 6/30	10:00 AM	Mon - Thurs	2024.211
2	6/20 - 6/30	11:00 AM	Mon - Thurs	2028.211
2	6/20 - 6/30	11:00 AM	Mon - Thurs	2029.211
2	6/20 - 6/30	5:45 PM	Mon - Thurs	2033.211
2	6/20 - 6/30	5:45 PM	Mon - Thurs	2034.211
3	6/20 - 6/30	9:00 AM	Mon - Thurs	2019.211
3	6/20 - 6/30	10:00 AM	Mon - Thurs	2025.211
3	6/20 - 6/30	11:00 AM	Mon - Thurs	2030.211
3	6/20 - 6/30	11:00 AM	Mon - Thurs	2031.211
3	6/20 - 6/30	5:45 PM	Mon - Thurs	2035.211
4	6/20 - 6/30	9:00 AM	Mon - Thurs	2020.211
4	6/20 - 6/30	10:00 AM	Mon - Thurs	2026.211
4	6/20 - 6/30	11:00 AM	Mon - Thurs	2032.211
4	6/20 - 6/30	5:45 PM	Mon - Thurs	2036.211
5	6/20 - 6/30	9:00 AM	Mon - Thurs	2021.211
5&6	6/20 - 6/30	10:00 AM	Mon - Thurs	2027.211
5&6	6/20 - 6/30	5:45 PM	Mon - Thurs	2037.211
5&6	6/20 - 6/30	9:00 AM	Mon - Thurs	2022.211

SESSION 3

Level	Dates	Time	Day	Activity #
Parent/Child	7/11 - 7/14	10:45 AM	Mon - Thurs	2043.211
PreSchool	7/11 - 7/21	9:15 AM	Mon - Thurs	2038.211
PreSchool	7/11 - 7/21	10:00 AM	Mon - Thurs	2040.211
PreSchool	7/11 - 7/21	10:45 AM	Mon - Thurs	2042.211
PreSchool	7/11 - 7/21	11:30 AM	Mon - Thurs	2044.211
PreSchool	7/11 - 7/21	5:45 PM	Mon - Thurs	2046.211
1	7/11 - 7/21	9:15 AM	Mon - Thurs	2039.211
1	7/11 - 7/21	10:00 AM	Mon - Thurs	2041.211
1	7/11 - 7/21	11:30 AM	Mon - Thurs	2045.211
1	7/11 - 7/21	5:45 PM	Mon - Thurs	2047.211
2	7/11 - 7/21	9:00 AM	Mon - Thurs	2048.211
2	7/11 - 7/21	10:00 AM	Mon - Thurs	2053.211
2	7/11 - 7/21	10:00 AM	Mon - Thurs	2054.211
2	7/11 - 7/21	11:00 AM	Mon - Thurs	2058.211
2	7/11 - 7/21	11:00 AM	Mon - Thurs	2059.211
2	7/11 - 7/21	5:45 PM	Mon - Thurs	2063.211
2	7/11 - 7/21	5:45 PM	Mon - Thurs	2064.211
3	7/11 - 7/21	9:00 AM	Mon - Thurs	2049.211
3	7/11 - 7/21	10:00 AM	Mon - Thurs	2055.211
3	7/11 - 7/21	11:00 AM	Mon - Thurs	2060.211
3	7/11 - 7/21	11:00 AM	Mon - Thurs	2061.211
3	7/11 - 7/21	5:45 PM	Mon - Thurs	2065.211
4	7/11 - 7/21	9:00 AM	Mon - Thurs	2050.211
4	7/11 - 7/21	10:00 AM	Mon - Thurs	2056.211
4	7/11 - 7/21	11:00 AM	Mon - Thurs	2062.211
4	7/11 - 7/21	5:45 PM	Mon - Thurs	2066.211
5&6	7/11 - 7/21	9:00 AM	Mon - Thurs	2051.211
5&6	7/11 - 7/21	10:00 AM	Mon - Thurs	2057.211
5&6	7/11 - 7/21	5:45 PM	Mon - Thurs	2267.211
GuardStart	7/11 - 7/15	9:30 AM	Mon - Fri	2132.211
Adult Lesson	7/12 - 8/4	7:00 PM	Tue & Thur	2068.211

SESSION 4

Level	Dates	Time	Day	Activity #
Parent/Child	7/25 - 7/28	10:45 AM	Mon - Thurs	2074.211
Parent/Child	7/25 - 7/28	5:45 PM	Mon - Thurs	2077.211
PreSchool	7/25 - 8/4	9:15 AM	Mon - Thurs	2069.211
1	7/25 - 8/4	9:15 AM	Mon - Thurs	2070.211
1	7/25 - 8/4	10:00 AM	Mon - Thurs	2071.211
1	7/25 - 8/4	10:00 AM	Mon - Thurs	2072.211
1	7/25 - 8/4	11:30 AM	Mon - Thurs	2076.211
1	7/25 - 8/4	5:45 PM	Mon - Thurs	2078.211
2	7/25 - 8/4	9:00 AM	Mon - Thurs	2079.211
2	7/25 - 8/4	10:00 AM	Mon - Thurs	2084.211
2	7/25 - 8/4	10:00 AM	Mon - Thurs	2085.211
2	7/25 - 8/4	11:00 AM	Mon - Thurs	2089.211
2	7/25 - 8/4	11:00 AM	Mon - Thurs	2090.211
2	7/25 - 8/4	5:45 PM	Mon - Thurs	2094.211
3	7/25 - 8/4	9:00 AM	Mon - Thurs	2080.211
3	7/25 - 8/4	10:00 AM	Mon - Thurs	2086.211
3	7/25 - 8/4	11:00 AM	Mon - Thurs	2091.211
3	7/25 - 8/4	11:00 AM	Mon - Thurs	2092.211
3	7/25 - 8/4	5:45 PM	Mon - Thurs	2096.211
4	7/25 - 8/4	9:00 AM	Mon - Thurs	2081.211
4	7/25 - 8/4	10:00 AM	Mon - Thurs	2087.211
4	7/25 - 8/4	11:00 AM	Mon - Thurs	2093.211
4	7/25 - 8/4	5:45 PM	Mon - Thurs	2097.211
5&6	7/25 - 8/4	9:00 AM	Mon - Thurs	2082.211
5&6	7/25 - 8/4	5:45 PM	Mon - Thurs	2098.211

SESSION 5

Level	Dates	Time	Day	Activity #
Parent/Child	8/8 - 8/11	10:45 AM	Mon - Thurs	2104.211
Parent/Child	8/8 - 8/11	10:45 AM	Mon - Thurs	2140.211
PreSchool	8/8 - 8/18	9:15 AM	Mon - Thurs	2099.211
PreSchool	8/8 - 8/18	10:00 AM	Mon - Thurs	2101.211
PreSchool	8/8 - 8/18	10:45 AM	Mon - Thurs	2103.211
PreSchool	8/8 - 8/18	11:30 AM	Mon - Thurs	2105.211
PreSchool	8/8 - 8/18	5:45 PM	Mon - Thurs	2107.211
1	8/8 - 8/18	10:00 AM	Mon - Thurs	2190.211
1	8/8 - 8/18	9:15 AM	Mon - Thurs	2100.211
1	8/8 - 8/18	10:00 AM	Mon - Thurs	2102.211
1	8/8 - 8/18	11:30 AM	Mon - Thurs	2106.211
1	8/8 - 8/18	5:45 PM	Mon - Thurs	2108.211
1	8/8 - 8/18	9:15 AM	Mon - Thurs	2151.211
1	8/8 - 8/18	9:15 AM	Mon - Thurs	2180.211
2	8/8 - 8/18	9:00 AM	Mon - Thurs	2189.211
2	8/8 - 8/18	9:00 AM	Mon - Thurs	2109.211
2	8/8 - 8/18	10:00 AM	Mon - Thurs	2114.211
2	8/8 - 8/18	10:00 AM	Mon - Thurs	2115.211
2	8/8 - 8/18	11:00 AM	Mon - Thurs	2119.211
2	8/8 - 8/18	11:00 AM	Mon - Thurs	2120.211
2	8/8 - 8/18	5:45 PM	Mon - Thurs	2124.211
2	8/8 - 8/18	5:45 PM	Mon - Thurs	2125.211
3	8/8 - 8/18	9:00 AM	Mon - Thurs	2110.211
3	8/8 - 8/18	10:00 AM	Mon - Thurs	2116.211
3	8/8 - 8/18	11:00 AM	Mon - Thurs	2121.211
3	8/8 - 8/18	11:00 AM	Mon - Thurs	2122.211
3	8/8 - 8/18	5:45 PM	Mon - Thurs	2126.211
4	8/8 - 8/18	9:00 AM	Mon - Thurs	2111.211
4	8/8 - 8/18	10:00 AM	Mon - Thurs	2117.211
4	8/8 - 8/18	11:00 AM	Mon - Thurs	2123.211
4	8/8 - 8/18	5:45 PM	Mon - Thurs	2127.211
5&6	8/8 - 8/18	9:00 AM	Mon - Thurs	2128.211
5&6	8/8 - 8/18	10:00 AM	Mon - Thurs	2118.211

facebook

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Aquatics

PUBLIC SWIM AT MCINNIS AQUATIC CENTER

The Aquatic Center is open to the general public for daily swim. Patrons must purchase a Privilege Pass ID in order to swim.

The Aquatic Center will open for Memorial Day weekend, 5/28-5/30, and 6/3-8/20 for daily swim. The pool will be closed 5/31 – 6/2.

HOURS FOR PUBLIC SWIM:

Mon. – Thurs.: 1:00 – 5:00 p.m.
Friday: 10:00 – 11:00 a.m. (SENIOR SWIM ONLY)
Friday: 11:00 a.m. – 6:00 p.m.
Saturday: 12:00 p.m. – 7:00 p.m.
Sunday: 1:00 p.m. – 5:00 p.m.

Fees: \$10 Individual Privilege Pass (first visit only); \$5 city resident discount
\$30 Family Privilege Pass (first visit only); \$15 city resident discount
Daily swim fee (each visit): \$1.50 Youth; \$2.50 adults



SWIMMING LESSONS

We use the American Red Cross Learn to Swim program.

GROUP LESSONS

Offered for ages 3 and up, group lessons are Monday-Thursday morning and evening for two week sessions.

Lessons are divided from PreSchool through level 6.

Sessions begin 6/6 and end 8/19. No classes the week of 7/4 – 7/8.

Fee per session: \$40; \$5 city resident discount

More specific information regarding levels are located on our website at www.concordparksandrec.org or by calling Ryan Jones at 704-920-5619.

PARENT/CHILD LESSONS

For children 18 months through 2 years of age. Classes meet for 30 minutes Monday – Thursday for one week. Parents will be in the water with their children.

Fee per session: \$20; \$5 city resident discount

ADULT LESSONS

Tuesdays & Thursdays,
6/7 – 6/30 and 7/12 – 8/4.
7:00 – 7:45 p.m.

Fee per session: \$40; \$5 city resident discount



INDIVIDUAL LESSONS

Scheduled on an individual basis, lessons last 30 minutes.

Fee per class: \$20; \$5 city resident discount

For more information or to schedule a lesson, contact the pool manager after 6/6 at 704-920-5604.



ADULT WATER AEROBICS

The cool way to stay fit during the summer. Join instructor Lee Campbell in a fun and invigorating fitness program.

Monday & Wednesday
7:00 - 7:45 p.m.

Session I: Activity #6108.211
6/6 - 6/29 (4 weeks)

Fee: \$28; \$5 city resident discount

Session II: Activity #6109.211
7/11 - 8/10 (5 weeks)

Fee: \$34; \$5 city resident discount

Both Sessions: Activity #6110.211
6/6 - 8/10 (9 weeks)

Fee: \$50; \$5 city resident discount



GUARDSTART TRAINING

Activity #2132.211

This junior lifeguard class is designed to prepare 11 - 14 year olds to take the American Red Cross Lifeguard certification program. The program helps participants build the foundation of knowledge, attitudes and skills needed to become responsible lifeguards. Lessons are grouped into five main areas: prevention, fitness, response, leadership and professionalism. Level 5 or higher swimming ability is required.

Monday - Friday, 7/11 - 7/15
9:30 - 11:30 a.m.

Friday, 7/16

1:00 - 3:00 p.m.

Fee: \$40; \$5 city resident discount

For more information on any Aquatics programs please pick up a Splashing Times or visit www.concordparksandrec.org.

Recreation Centers & Facilities

The Concord Parks & Recreation Department has three recreation centers: Academy, Hartsell, Logan. Each provides a variety of recreational opportunities to the public. The centers offer billiards, foosball, bumper pool, air hockey, shuffleboard and table tennis. Weight rooms, available to men and women, are equipped with machines, free weights and cardiovascular equipment. The centers also offer free-play in the gymnasiums, including basketball and volleyball. Content / scheduled dates may be subject to change.

Meeting rooms are available to the public. Fee based on usage.

ACADEMY RECREATION CENTER

147 Academy Avenue, NW
Frances Bost, Center Supervisor
704-920-5601

Information for Beverly Hills Park,
Academy Park, Les Myers Park,
J. W. "Mickey" McGee Park,
Harold B. McEachern Greenway and
The Village Greenway

WE ROCK WEDNESDAYS

Boys and girls, ages 7 - 15,
Wednesday evenings are just for
you! We'll have board games, such
as Monopoly, Connect 4, Mancala,
Twister and many more, set up for
you and your friends to enjoy. No fee.
Staff supervised. Please pre-register.

Wednesdays
6/1, 6/8, 6/15, 6/22, 6/29
6:30 - 7:30 p.m.



WATER, WATER, EVERYWHERE

In this class participants will perform
several science experiments, all
involving water. You'll get your hands
wet (not your clothes) and learn
about the properties of water. Ages
8 - 12. No fee. Pre-register by 6/3.

Friday, 6/10
9:30 - 11:00 a.m.

KIDS KICKBALL CLUB

If you love to play kickball, this is the
program for you! Ages 6 - 14 will be
divided into teams to see who's the
best! No fee. Pre-register by 6/7.

Friday, 6/10
12:30 - 2:00 p.m.



ZUMBA

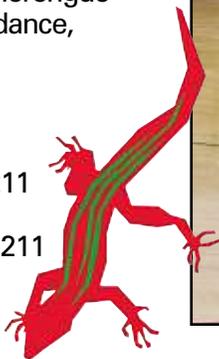
Zumba basic level 1 creates a dynamic,
exciting and effective fitness system in
a format that combines fast and slow
rhythms to tone and sculpt the body.
Then step it up with Zumba Toning
which takes the original Zumba Dance-
Fitness class to the next level. Created
to emphasize muscle work along with
rhythms. Also features combination
rhythms within the same songs for
example, Latin Disco, Reggaeton-
Cumbia, Conga-Hip-hop, Merengue
Hip-hop, Reggaeton-Belly dance,
Techno and Salsa.

Instructor: Alma Alfonso
Mondays & Wednesdays
6:30 - 8:00 p.m.

Session I: Activity #1000.211
7/11 - 8/17

Session II: Activity # 1001.211
8/29 - 10/5

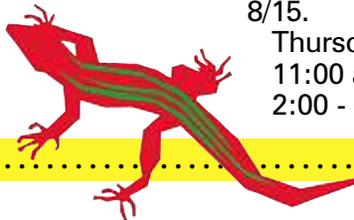
Fee: \$2 per class



FANCY FATHER'S DAY CARD

Just in time for your dad's special
day! Be sure to honor your dad and
say thank you for all he does for you
by making him a special Father's Day
card. Ages 4 - 12. No fee. Pre-register
by 6/14.

Thursday, 6/16
5:00 - 7:00 p.m.



BACK TO SCHOOL LOCK IN

Come one, come all for a good time
with food, music, games and more!
School supplies will be given out to
get you prepared for the start of the
school year. No fee. Pre-register by
8/15.

Thursday, 8/18
11:00 a.m. - 1:00 p.m.- ages K - 5
2:00 - 4:00 p.m.- ages 6 - 12

Recreation Centers & Facilities

HARTSELL RECREATION CENTER

60 Hartsell School Road
Martha Hagood, Center Supervisor
704-920-5602

Information for Hartsell Park and James L. Dorton Park.

BALLET

Learn the fundamentals of ballet dance building positive and healthy bodies, along with developmental skills of dance. This dance form will take students through the first ballet principles, stressing body position, carriage and posture. Meaningful skills combine the mind, body and spirit through fun movement using a variety of music.

Instructor: Tuwana McNeely
Tuesday & Thursday
6:30 - 8:00 p.m.

Session I: Activity #1012.111
6/2 - 6/30

Session II: Activity #1013.211
7/5 - 7/28

Session III: Activity #1014.211
8/2 - 8/25

Session IV: Activity #1015.211
9/6 - 9/29

Fee per session: \$25; \$5 city resident discount

HARTSELL KARATE CLUB

The Hartsell Karate Club will teach you how to kick, block, punch and strike. Ages 3 and up.

Instructor: James Reid
Monday & Wednesday
6:30 - 8:00 p.m.

Session I: Activity #1005.211
6/6 - 6/29

Session II: Activity #1006.211
7/6 - 7/27

Session III: Activity #1007.211
8/1 - 8/24

Session IV: Activity #1008.211
9/5 - 9/28

Fee per session:
\$25; \$5 city resident discount



WALKING CLASS

Join this walking program that is a serious fat burning, muscle conditioning and stretching all in one. Will not meet on holidays. No fee. Class is self instructed.

Morning Class: Activity #1009.211
Monday, Wednesday, & Friday
Continual, 9:15 - 10:20 a.m.

Evening Class: Activity #1010.211.
Monday, Tuesday, & Wednesday
Continual, 5:00 - 6:00 p.m.



BINGO WITH BILL

We had so much fun playing bingo that we are bringing the program back for July! Ages 7 -14, you are invited to play bingo, win prizes and meet new friends! No fee. Staff supervised.

Thursdays
7/7, 7/14, 7/21, 7/28
5:00 - 5:45 p.m.

VOLLEYBALL CLINIC

Activity #1011.111
This volleyball clinic for girls ages 11 - 15 will teach the fundamentals of volleyball and help tune up your skills.

Instructor: Leanne Havelly
Tuesday & Thursday
6/16 - 7/28
6:00 - 8:00 p.m.

Fee: \$35; \$5 city resident discount

BACK TO SCHOOL SOCIAL

Just for school aged children! Join us for games, activities, refreshments and socialize with your friends before school starts back. No fee.

Friday, 8/19
11:00 a.m. - 1:00 p.m.

LOGAN MULTI-PURPOSE CENTER

151 Rone Avenue, SW
Rodney Smith, Center Supervisor
704-920-5603

Information for Caldwell Park and W. W. Flowe Park

BEAT THE CLOCK

Youth between the ages of 5 - 12 have 30 seconds to shoot on a 8 1/2 foot goal. There will be designated point markings to determine how many points are made. No fee.

Monday, Wednesday & Friday
6/20, 6/22, 6/24
1:00 - 2:00 p.m.

GET FIT YOUTH

This class is for youth who would like to learn to live a healthy lifestyle. Learn the basics of weight lifting while doing other forms of exercise such as push ups and jumping jacks to get into shape. No fee. Staff instructed.

Mondays, Wednesdays, & Fridays
6/20 - 7/11 (no class on 7/4)
8:15 - 9:00 a.m.

LOGAN YOUTH NIGHT

This is your time to have fun in the gym. We'll play games, watch movies, eat pizza and much more. Ages 12 - 16. No fee.

Fridays
6/10 & 7/8
6:00 - 8:00 p.m.



SOUTHWEST KARATE ACADEMY

Individuals learn how to defend themselves, get in shape and gain confidence. Instruction for 4 -10 year olds and 11 years and up. No fee.

Tuesday & Thursday
6:00 - 7:00 p.m. - 4 - 10 year olds
7:00 - 8:00 p.m. - 11 & up
Contact Tony Moody at 704-701-1346 for additional information.

Fitness

YOUTH EXERCISE

YOGA BAGODA

Just for 3 – 5 year olds! Bring your tyke for some fun learning creative, expressive poses that will have them feeling happier and confident while encouraging their creative spirit. This age appropriate 45 minute yoga class is perfect for building a healthy and fit lifestyle foundation and it is so much fun! Adult supervision required.

Instructor: Michelle Colombero

Tuesdays
9:00 – 9:45 am

Session I: Activity #9004.211
7/12 – 8/9

Session II: Activity #9005.211
9/13 – 10/11

Fee per 5 week session:
\$20; \$5 city resident discount
Location: Academy Recreation Center



A variety of fitness classes are offered. Many of our instructors hold nationally recognized certifications and all have significant training and experience. Minimum of eight participants per class.

GET FIT PUNCH CARD

Activity #4000.011
The Get Fit Punch Card provides convenience, flexibility and options! Holders of the card may participate in 10 single fitness classes offered by Concord Parks & Recreation Department as long as space is available. The card is good for one year from the date of purchase and must be purchased before attending the first class. Present the Card at class.

Fee: \$40; \$5 city resident discount



FITNASTICS

This low impact class incorporates resistance training with strength exercises using bands and weights. Bands furnished by the instructor. Bring your own 2 lb. weights, mat and water bottle.

Instructor: Vickie Fisher
Tuesday & Thursday
9:15 a.m. - 10:15 a.m.

Session I: Activity #4001.211
7/5 - 8/11

Session II: Activity #4002.211
8/16 - 9/22

Fee: \$35; \$5 city resident discount
Location: Hartsell Recreation Center

EXERCISE: THE BASICS

Activity #4003.211
Incorporate traditional aerobics and step aerobics with strength training and stretching to create a balanced workout. Bring your own mat, hand weights, and water bottle.

Instructor: Lee Campbell
Tuesday & Thursday
9/6 - 9/27

5:30 - 6:30 p.m.
Fee: \$40; \$5 city resident discount
Location: Fire Station #8
1485 Old Charlotte Rd.

MOMMY & ME

Activity #4200.211
This outdoor prenatal fitness class includes a combination of light cardio, strength and flexibility work. Instructor will give weekly education on pre-natal nutrition and fitness. Bring your own mat and water bottle.
Instructor: Christin Dow, RD, LDN, AFAA; registered dietician and certified fitness instructor.

Mondays
9/12 - 10/17 (6 weeks)
6:00 - 7:00 p.m.

Fee: \$45; \$5 city resident discount

Location: Dorton Park

NOTE: The GET FIT PUNCH CARD is not applicable to this class or other classes offered by Christin Dow.

Upcoming classes offered by Christin Dow:

MOMMY & BABY, 1/2 - 2/13

FAMILY FIT, 3/5 - 4/9

For more information call Ryan Jones at 704-920-5619.

FIT & FABULOUS

Activity #4040.111
Stay Fit and Fabulous with this great group of senior adults. Enjoy walking, range of motion strength exercises, and fellowship. Monthly luncheons, local trips, and surprises are included.

Instructor: Michelle Colombero
Wednesdays
10:00 - 11:00 a.m.

Summer Session: Activity #4040.211
(limited to 20 participants)
6/15 - 8/24

Summer Outings:

June: Historic Salisbury Trolley Tours

July: Shopping at Hamrick's

August: Homemade Ice Cream & Desserts

Fall Session: Activity #4040.311
(limited to 40 participants)
9/7 - 12/28

Fee per session: \$10; \$5 city resident discount

Location: Academy Recreation Center Gymnasium

Adult Fitness Classes

All classes instructed by Michelle Colombero are located at Academy Recreation Center, 147 Academy Avenue, unless noted otherwise. Mats and equipment are provided. Bring a water bottle! Minimum 5; maximum 18 participants per class unless noted otherwise.

PILATES

Improve your core strength, flexibility and balance while building strength without bulk. The workout incorporates bands, weights and fitness balls as well as combining yoga techniques.

Tuesday & Thursday
10:00 - 11:00 a.m.

Session I: Activity #4004.111 5/31 – 7/7

Session II: Activity #4005.211 7/12 – 8/18

Session III: Activity #4006.211 8/23 – 9/29

Monday & Wednesday
7:00 – 8:00 p.m.

Session I: Activity #4007.111 6/1 – 7/13; NO class 7/4

Session II: Activity #4008.211 7/18 – 8/29; NO class 8/1

Session III: Activity #4009.211 8/31 – 10/12; NO class 9/5

Fee per 6 week session: \$35; \$5 city resident discount

YOGA

Enjoy the asanas (postures), breathing and stretching that will help beginners to intermediate feel flexible and relaxed. Closing will be Savasana and Meditation. Wear comfortable clothes.

Tuesday & Thursday
7:30 – 8:30 p.m.

Session I: Activity #4010.111 6/7 – 7/19; NO class 7/12

Session II: Activity #4011.211 7/21 – 9/1; NO class 8/18

Session III: Activity #4012.211 9/6 – 10/13

Wednesday & Friday
11:15 a.m. – 12:15 p.m.

Session I: Activity #4013.111 6/8 – 7/15

Session II: Activity #4014.211 7/20 – 8/26

Session III: Activity #4015.211 8/31 – 10/7

Fee per 6 week session: \$35; \$5 city resident discount

YOGA 101

If you are interested in YOGA we invite you to come discover this simple YOGA class that will help you learn about the importance of breathing, gentle asanas (poses), meditation and relaxation. Wear comfortable clothes.

Thursdays
6:15 - 7:15 p.m.

Session I: Activity #4029.111 6/16 - 7/21

Session II: Activity #4049.211 7/28 - 9/8; No class 8/18

Session III: Activity #4050.211 9/15 - 10/20

Fee per 6 week session: \$20; \$5 city resident discount



STABILITY BALL WORKOUT

Have fun rolling on the ball while developing strength and balance! Your chest, shoulders, legs, hips and abs will get a work out. Limited to 10 participants.

Saturdays
8:30 – 9:30 a.m.

Session I: Activity #4017.211 7/9 – 8/13

Session II: Activity #4018.211 8/20 – 10/1; NO class 9/3

Fee per 6 week session: \$20; \$5 city resident discount

FLEXIBILITY TRAINING

This class is a great opportunity to discover more about your body, creating a more stretched out feeling. It is designed for the beginner as well as the seasoned athlete. Working on coordination, flexibility, balance and some strength; we'll end our class with some relaxation techniques.

Fridays
10:00 – 11:00 am

Session I: Activity #4023.211 6/17 – 7/22

Session II: Activity #4024.211 7/29 – 9/2

Session III: Activity #4025.211 9/9 – 10/14

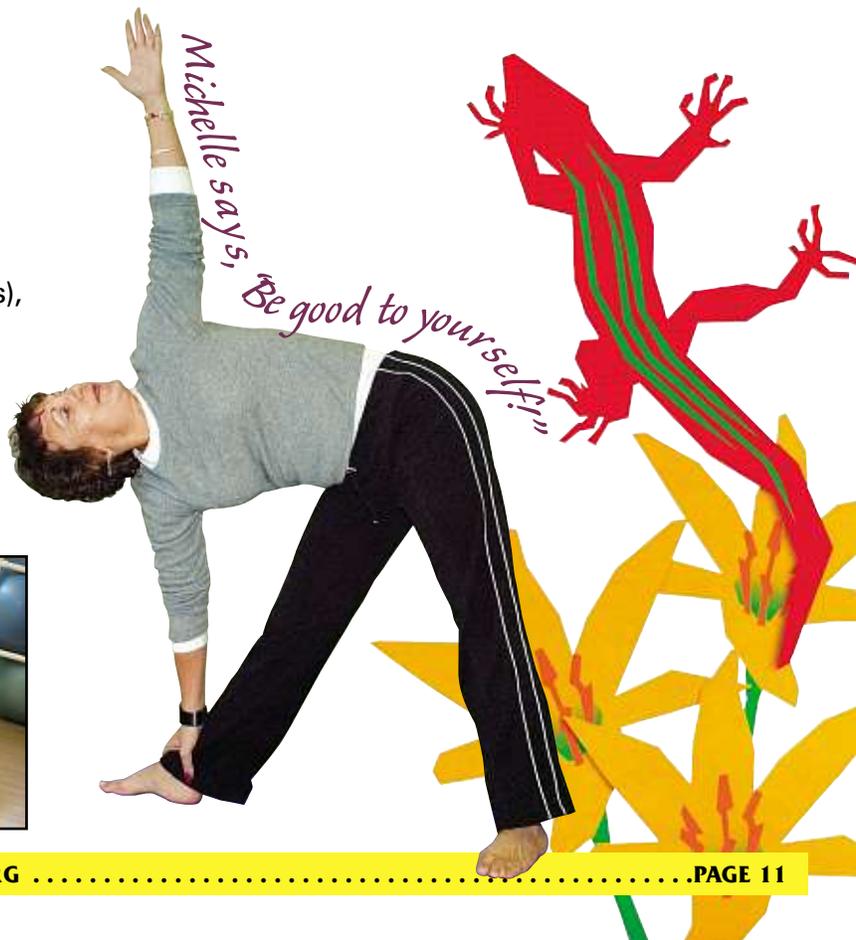
Tuesdays
6:15 – 7:15 pm

Session I: Activity #4026.111 6/14 – 7/26; NO class 7/12

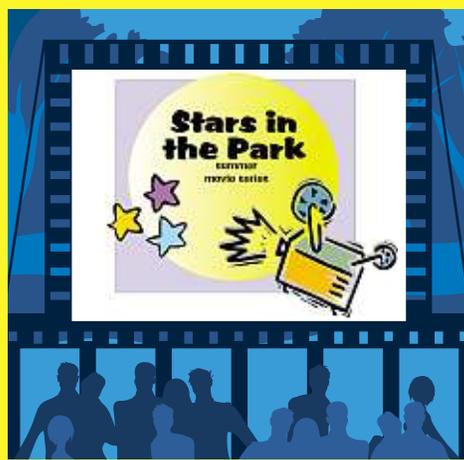
Session II: Activity #4027.211 8/2 – 9/6

Session III: Activity #4028.211 9/13 – 10/18

Fee per 6 week session: \$20; \$5 city resident discount



Special Interest & Events



STARS IN THE PARK SUMMER MOVIE SERIES

Join us for movies and more at Dorton Park on the fourth Friday of the summer months: June, July and August.

The outdoor movies have been edited for family viewing. Games and activities and inflatable amusements will begin on the soccer field at 7:30p.m. The movie will begin at dusk. Bring your food. Concessions will be available. Don't forget to bring your chairs and blankets to sit on. Free to families and friends.

Friday, 6/24 - How to Train your Dragon

Friday, 7/22 - The Goonies

Friday, 8/26 - Toy Story 3



UNION STREET LIVE!

Third Thursday of
May - September
6:00 - 9:00 p.m.

Downtown Concord

June 16- Two Much Sylvia

July 21- Atlantic Groove Band

August 18- Craig Woolard Band

September 15- Super Glide

For more information, please
contact CDDC at 704-784-4208.

NEW FACES IN CONCORD PARKS AND GREENWAYS

Some of you have noticed Officer Pat Merritt hasn't been seen lately in the City of Concord parks. Not just another Police officer, but one with a partner has replaced Pat, now in retirement. Officer Mike Drake and his K-9 partner Udo have taken on the responsibility of maintaining safety in the City parks and greenways.

Udo is a 7 year old, 90 lb. Hungarian German shepherd trained in eight different areas. He has mostly been used in detecting narcotics and to track fleeing suspects. Mike and Udo have been patrolling the streets of Concord together for the last six years and are responsible for many arrests and drug seizures.



Mike and Udo were awarded the Patrol Team of the year with the American Police Canine Association in 2007. This award is based on executing a large number of successful tracks and apprehensions. Over 300 canine officers nationwide are members of APCA.

Officer Drake is a native of Concord, and has been employed with the Concord Police for over 22 years. He has over 26 years of law enforcement experience, all in the patrol division. Mike has been an active member of the Police K-9 unit for the last 20 years, having worked four different K-9 partners in that time. He also serves as the Police K-9 Trainer for City of Concord Police.

Mike has been married to his wife Sandy for over 20 years. His oldest son is a sergeant in the US Army and youngest son is a Police officer for the City of Kannapolis. He has two grandchildren.

Mike and his partner are enjoying the change of scenery that goes along with the new duties of patrolling the parks and greenways. While on duty, he encourages the public to stop and talk because when they do, it's usually about Udo.

Since Udo is specialized, Mike's advice is, "when you approach any dog on the greenways and parks, always ask permission of the owner before you reach out to pet."

Mike and Udo will be continuing the Park Watch program that Officer Merritt started in 2010. This program encourages the users of the parks and greenways to keep their eyes open and report violations of park rules and suspicious behavior.

"With seven parks, three recreation centers, two ball field complexes and two greenways to patrol, we need your help or better yet your eyes to keep these Concord facilities safe for all," says Officer Drake. Udo says, "Ruff, grrrr".

**Concord's Downtown
Greenway Loop --
Quarter mile markers are now
indicated with two
red Lizards at each location.**

Greenway Loop



1/4 Mile Markers

Trips

Enjoy traveling and leave the driving to us! All trips depart from "The Village" located across from First Assembly on 280 Concord Parkway South in Concord 28027. Please park in the parking lot north of Big Lots, across from Arby's. Plan to arrive 30 minutes before departure for trips. Pre-registration is required.

"THE GOSPEL ACCORDING TO TENNESSEE" NARROWAY THEATRE, FORT MILL, SC

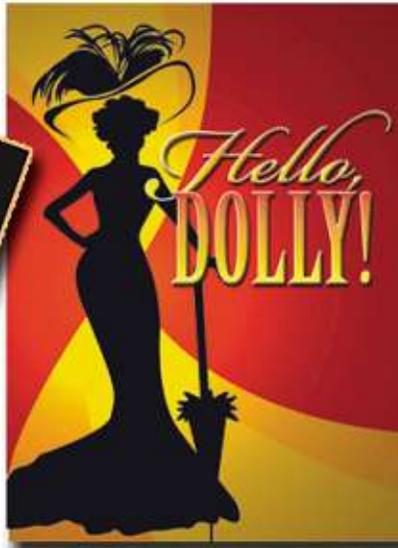
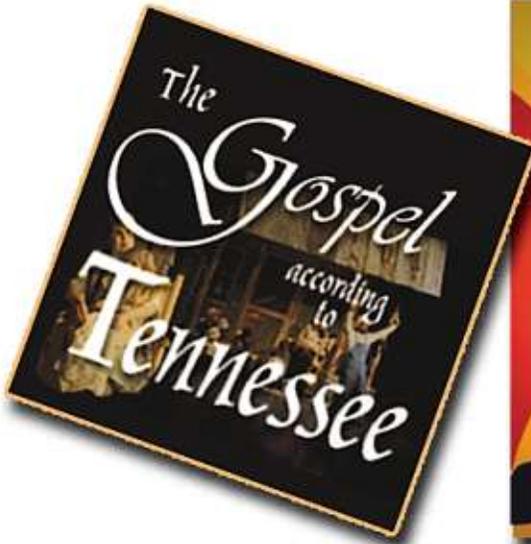
Activity # 7000.211

This fast-paced musical takes place in East Tennessee in 1926, where the fun never ends. We will sing-a-long with fabulous old Southern classics and watch the gospel truths unfold through the eyes and imagination of Tennessee. Before the play we will have dinner at Captain Steve's Seafood in Fort Mill, then head over to the Narroway Theatre.

Date: Friday, 8/26

Fee: \$32 plus meal

Bus Departs: 4:00 p.m.; Returns 11:30 p.m.



"HELLO, DOLLY" WOHLFAHRT HAUS DINNER THEATRE WYTHEVILLE, VA

Activity # 7001.211

Wohlfahrt Dinner Theatre is a state-of-the-art German-themed dinner theatre nestled in the beautiful Appalachian mountains of southwest Virginia. Their luxurious 200 seat dinner theatre promises audiences the most unique theatre and dining experience around. We join Dolly who has been hired to arrange the marriage of the well known "half-a-millionaire" Horace Vandergelder. Then we're off to New York City at the turn of the century with America's most matchmaker. Hello, Dolly is full of memorable songs including Ribbons Down My Back and It Only Takes A Moment.

Date: Thursday, 9/15

Fee: \$63 (includes lunch and transportation)

Bus Departs: 9:00 a.m.; Returns: 7:30 p.m.



SPECIAL INTEREST

LINE DANCE

BEGINNER:

Learn some of the most popular line dances: the Electric Slide, the Boot Scootin' Boogie and more. No experience necessary.

Mondays

7:00 - 8:00 p.m.

Session I: Activity # 8004.411

7/11 - 8/29 (no class 8/8)

Session II: Activity # 8005.111

9/12 - 10/24

HIGH BEGINNER:

Not ready to move up or has it been awhile since you've danced? This class is for those with line dance experience including terminology and current dances.

Mondays

6:00 - 7:00 p.m.

Session I: Activity # 8006.411

7/11 - 8/29 (no class 8/8)

Session II: Activity # 8007.111

9/12 - 10/24

DANCE & REVIEW:

Review dances taught in the Beginner and High Beginner Classes and get the opportunity to put what you have learned to practice.

Wednesdays

6:00 - 7:00 p.m.

Session I: Activity # 8008.411

7/13 - 8/31

Session II: Activity # 8009.111

9/7 - 10/26

Register at class. Make checks payable to instructor, Linda Long.

Fee one class per week:

\$30 per session;

\$5 city resident discount

Fee two classes per week:

\$50 per session;

\$5 city resident discount

Location: C.T. Sherrill Building,
Les Myers Park

Please enter in the side door next to the restrooms.

SPECIAL INTEREST



CAROLINA SHAG DANCE CLASS

Learn the fundamentals of the dance that originated in the Carolinas. Open to singles and couples. Min. 10 participants.

Instructor: Patty Blackmon

Mondays

JUNE Session

6/6, 6/13, 6/20, 6/27

Beginners: Activity # 8010.111

7:00 - 8:00 p.m.

Intermediate: Activity # 8011.111

8:00 - 9:00 p.m.

JULY Session

7/11, 7/18, 7/25, 8/1

Beginners: Activity # 8012.211

7:00 - 8:00 p.m.

Intermediate: Activity # 8013.211

8:00 - 9:00 p.m.

AUGUST Session

8/8, 8/15, 8/22, 8/29

Beginners: Activity # 8014.211

7:00 - 8:00 p.m.

Intermediate: Activity # 8015.211

8:00 - 9:00 p.m.

SEPTEMBER Session

9/5, 9/12, 9/19, 9/26

Beginners: Activity # 8016.211

7:00 - 8:00 p.m.

Intermediate: Activity # 8017.211

8:00 - 9:00 p.m.

Fee per session:

\$35; \$5 city resident discount

Location: Fire Station # 7

250 International Drive N.W.

3rd Monday of each month class will meet in the bay of Fire Station #7

Arts & Crafts

Due to purchasing of supplies and instructors preparation time, pre-registration is required for all arts & crafts classes.

Watercolor, watercolor pencils, colored pencils and fabric painting are instructed by Linda Long, member of National Society of Decorative Painters (NSDP) and Tarheel Decorative Painters. **Please contact Linda at 704-938-1420 for information about each medium as well as a materials list prior to the class.** All classes are held in the Arts & Crafts room at the Academy Recreation Center.



WATERCOLOR PENCILS

Activity # 5000.211

Learn watercolor pencil techniques and create a masterpiece.

Min. 6; max. 15 participants.

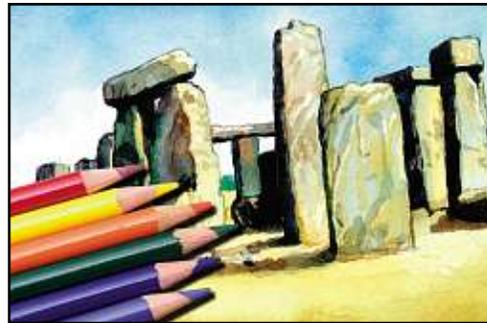
Wednesday, 9/28

Pre-register by 9/21

9:00 a.m. - 2:00 p.m.

Fee: \$25; \$5 city resident discount

PLUS \$12 materials fee paid to instructor



QUILTING

Enjoy creating a lifetime keepsake. Open to beginner and intermediate quilters. For a materials list call instructor Peggy Fox, 704-933-2530.

Fee per 8 week session:

\$30; \$5 city resident discount
PLUS materials

DAY Class:

Tuesdays, 10:00 a.m. - 12:00 p.m.

Session I: Activity # 5001.211

6/14 - 8/2

Session II: Activity # 5002.211

8/16 - 10/4

Location: Logan Multi-Purpose Center

EVENING Class:

Thursdays, 7:00 - 9:00 p.m.

Session I: Activity # 5003.111

6/16 - 8/4

Session II: Activity # 5004.211

8/18 - 10/6

Location: Fire Station #7

250 International Drive N.W.



Special Interest & Events

SPRING SHOWERS CARRY POLLUTION:

How you can help prevent it

We've all heard that April showers bring May flowers. But, did you know that the runoff from spring showers can carry pollution?

As the weather gets warmer and days get longer, many of us head outside to do gardening and landscaping. And, those are good things; they make our city beautiful and our homes look more inviting. But, if not done properly, gardening and landscaping can leave behind some nasty pollutants that can hitch a ride on a raindrop down a storm drain and right into a creek, stream, river or lake. Remember, storm drainage systems lead directly to a body of water, and never to a treatment facility. Stormwater runoff is never cleaned up before it reaches a lake, river or stream.

Grass clippings are best left on the lawn to decompose naturally. First of all, they act as fertilizer, cycling applied fertilizers and nutrients in their fibers right back into your lawn. If you've spent money and time on fertilizers and plant food and then collect clippings with your lawn mower and dispose of them, then you've wasted time and money.

The pollution part happens when those grass clippings make it into the storm drainage system and subsequently into a body of water, which usually happens when someone rakes or blows them (and/or leaves) into the street or onto a paved driveway...spring rain comes...and voila! Two problems arise. The first one is that yard waste, along with litter and debris, can clog up storm drains, cause flooding, and increases storm drainage system maintenance expenses. The second is that they carry those same nutrients & fertilizers (which are great when left on the lawn) into nearby bodies of water where they upset the natural and healthy nutrient balance of those aquatic ecosystems which can cause a chain of events resulting in plummeting oxygen levels which harms aquatic animals.

Fertilizers, herbicides, pesticides, chemicals & other lawn treatments should be applied sparingly and carefully. Plants can only use so much, and depending on the drainage ability of your yard's soil, any excess can be washed down storm drains during rain events. It's also important to be careful not to spread any lawn chemicals onto paved driveways or into the streets, and if you accidentally do, be sure to sweep up the spill. DON'T wash it off with water!

Soil test kits are offered free of charge by the NC Cooperative Extension. Testing your soil is a great way to gauge which (if any) lawn treatments, fertilizers, etc. your lawn actually needs. Just pick up a kit at the Cabarrus County Cooperative Extension Office, fill out the form & mail it in along with your sample, and you should receive the results in 2-8 weeks. If you have questions about interpreting the results when they arrive or to get more information on soil tests, you can contact the cooperative extension office at 704-920-3320. You may also want to check out the NC Division of Agriculture's FAQ page on soil tests and fertilizers (<http://www.agr.state.nc.us/agronomi/stfaqs.htm>).

The warmer weather is also a persuading invitation to take a walk with our canine friends, and as always, the City asks that you remember to take along a baggie or two so you can clean up after your dogs! Leaving pet waste on the ground can cause nutrient pollution, decreased oxygen, and E. coli contamination in our local waters.

The City of Concord, pedestrians, and our fish thank you for doing your part to keep our sidewalks, yards and waters clean!

*Article by Amanda Smith-Thompson
City of Concord Environmental Educator*

BOOT CAMP IN THE PARK

This outdoor extreme fitness class will focus on levels of exercise incorporating cardio drills, resistance training with your body weight and core workouts. Meet in the amphitheater for the first class, rain or shine.

Medical clearance required for those over 40 years of age. Bring bottled water, mat or towel and a pair of hand weights. Must be 18 years of age. Min. 5 participants.

Instructor: Joy Dry

Monday, Tuesday & Thursday
5:30 - 6:30 a.m.

Session I: Activity #8004.111
6/20 - 7/7 (no class 7/4)

Session II: Activity #8005.211
7/11 - 7/28

Session III: Activity #8006.211
8/1 - 8/18

Fee per session:

\$35; \$5 city resident discount

Location: Frank Dusch

Amphitheater, Les Myers Park

LOGAN COMMUNITY FESTIVAL

Saturday, 6/4

12noon - 6:00 p.m.

Marvin Caldwell Park

362 Georgia Avenue SW

Fun for all in Caldwell Park.

Amusement games and rides for children, music, vendors with crafts and jewelry, food and more food! Come join the fun!





Registration Process

Registration is on a first-come, first-served basis. Fees are due and payable upon registration. A registration form for our classes is included on the back cover of the brochure. A signed registration form is required for participation in all programs. Please note: Summer Playground, Athletic Programs and Special Events require different registration forms. Please call for the appropriate form or download from our web site at www.concordparksandrec.org

There are three ways you can register for classes or programs with the City of Concord Parks & Recreation Department.

Mail-In Registration: Complete the registration form found below, include payment and mail to:

Concord Parks & Recreation Department
P.O. Box 308
Concord, NC 28026-0308

Online Registration: For your convenience, some classes and programs are now available through online registration. Please visit our web site at www.concordparksandrec.org to see if online registration is available for your class or program. Online registration payment can be made with

your credit or debit card. A user fee is applied to online charge payments.

Walk-In Registration: Complete the registration form found on the back of the brochure and bring with payment to:

Academy Recreation Center
147 Academy Avenue NW
Concord, NC 28025

City Resident Discount: Many of our activities and programs offer discounts to City of Concord Residents due to contributions to the local tax base. If a discount is offered, it is shown as a City Resident Discount, and if applicable, this amount will be deducted from the program fee as indicated. This discount applies to registration fees and not to supplies, materials, equipment, etc.

Not sure if you are a City Resident? You are a resident if you reside within the City Limits of Concord. If you are still not sure please call 704-920-5600.

Please call 704-920-5600 or email us at recreation@concordnc.gov if you have any questions or concerns.

MAILING ADDRESS:

Concord Parks & Recreation
P. O. Box 308
Concord, NC 28026-0308

147 Academy Avenue, NW
Tel. 704-920-5600 · Fax 704-792-1971
www.concordparksandrec.org

Please print

Participant's Name _____

Home Phone _____

Business or Cell Phone _____

Address _____

City _____ State _____ Zip _____

Email _____

Activity/Trip _____

Activity/Trip Site _____

Dates: From _____ To _____

Time: _____ (am/pm) on M T W TH F SAT SUN (Please Circle)

Where did you get your copy of the Leisure Times? School Newspaper Mail

Other _____

If anyone needs any reasonable accommodations, please contact the ADA Coordinator within 24 hours at 704-920-5111.

I understand that pre-registration in my class is on a first-come, first-served basis, and that the Concord Parks & Recreation Department, its staff, facilities, and instructors will not be held responsible for any injury or loss that might occur in the course of the program. The department reserves the right to cancel or modify programs due to enrollment, weather or other situations that are deemed necessary. Refunds may be made in cases in which changes in class day, time or site prevent participation. I understand that photographs may be taken during the program for departmental use. Registration fee is enclosed (if applicable).

Registrant's Signature _____

(Parent's signature if registrant is under 18)

Residency (Please check one) City of Concord Resident Non-Resident

NOTE: City of Concord Resident indicates that participant resides within the City Limits of Concord.

Date _____ Fee Enclosed _____

Please make check payable to City of Concord

**CITY OF CONCORD
PARK & FACILITIES**

Administrative Office • 704-920-5600
147 Academy Avenue, NW

Academy Recreation Center • 704-920-5601
147 Academy Avenue, NW

Beverly Hills Park • 704-920-5601
631 Miramar Street, NE

Marvin Caldwell Park • 704-920-5603
362 Georgia Street, SW

James L. Dorton Park • 704-920-5602
5790 Poplar Tent Road

Gibson Field • 704-784-2616
or 704-920-5617

321 Misenheimer Avenue, NW

Hartsell Recreation Center • 704-920-5602
60 Hartsell School Road

Hartsell Field Complex • 704-788-9325
or 704-920-5617

30 Swink Street, NW

Hartsell Park • 704-920-5602
65 Sunderland Road

Lake Fisher Reservoir Boat Rentals
704-920-5618 or 704-938-1327

5090 Lake Fisher Road

(Seasonal) March-October

Logan Recreation Center • 704-920-5603
151 Rone Avenue, SW

McAllister Field • 704-786-0157
or 704-920-5617

160 Crowell Drive, NW

Harold B. McEachern Greenway
704-920-5600

Enter at Les Myers Park or
J. W. McGee, Jr. Park

The Village Greenway
704-920-5601

175 Academy Avenue, NW

J. W. "Mickey" McGee, Jr. Park
704-920-5601

219 Corban Avenue, East

John E. McInnis Aquatic Center
704-920-5604 or 704-920-5600

151 Academy Avenue, NW
(Seasonal, May-August)

Les Myers Park • 704-920-5601
338 Lawndale Avenue

Rocky River Golf Club at Concord
704-455-1200

6500 Bruton Smith Blvd.

W. W. Flowe Park • 704-920-5603
99 Central Heights Drive

Webb Field • 704-786-8406
or 704-920-5617

165 Academy Avenue, NW

PARKS HOURS:

April-October

Open daily from 8:00 a.m. until 9:00 p.m.
Lighted field and court facilities
close at 11:00 p.m.

November-March

Open daily from 8:00 a.m. until 7:00 p.m.
Lighted field and court facilities
close at 10:00 p.m.