

Leisure Times

Fall 2015



City of Concord Parks & Recreation exists to provide recreation services, parks and facilities that enrich the lives of all residents and promote the opportunity for a healthy lifestyle.

A message from the director...

Providing quality programming and services, a safe, aesthetically pleasing



Bob Dowless

greenway and park system is the commitment we make every day to the families and residents of Concord. We take great pride in providing services that enhance quality of life and we strive to make our community a great place to live.

I hope you have the opportunity to get outdoors and walk the greenway, visit one of our parks, experience one of our special events, visit one of our community centers, and participate in a recreational class or program.

Concord Parks & Recreation takes great pride in the community support we receive and want you to know that we are continually working to earn your support. We welcome your comments, questions or concerns. You can reach our office at 704.920.5600 or email us at recreation@concordnc.gov.

There is no better time to invest in a healthy future than today.



Adult Athletics

Teams enter the league pre-formed. Seasons consist of 10 regular season games and 1 single elimination tournament game. Contact 704.920.5617 for more information or visit our website at www.concordparksandrec.org.

ADULT SOFTBALL – FALL AND SPRING

Fee: \$375

Divisions: Men's Open Gold, Men's Blue Division, Women's and Co-ed

Registration: Fall: August 1 – 31

Playing Season: Fall: September – November

Registration: Spring: March 1 – 31

Playing Season: Spring: April – June

ADULT FLAG FOOTBALL – FALL

Fee: \$375

Divisions: Men's 5 on 5 and Co-ed

Registration: August 1 – 31

Playing Season: September – December

ADULT BASKETBALL – WINTER

Fee: \$375

Divisions: Men's Open Gold, Men's Blue Division, Men's Silver (over 40) and Women's

Registration: December 1 – January 3

Playing Season: January – March

ADULT CO-ED KICKBALL – SPRING

Fee: \$375

Registration: March 1 – 31

Playing Season: April – June

ADULT WOODEN BAT SOFTBALL – SUMMER

Fee: \$375

Divisions: Men's Open Gold and Co-ed

Registration: June 1 – 30

Playing Season: July – September

TENNIS at Les Myers Park

Contact Tennis Coordinator, Chad Oxendine, AMP Tennis, LLC at 704.806.0909 for all your tennis needs at Les Myers Park. www.amptennis.com.

ADULT TENNIS at Dorton Park

Instructor: Laura Kelly, USPTA at 704-699-0765.

CARDIO TENNIS

Activity # 6090.215

Ages 18 & older.

Day: Monday, 8/31 – 11/23

9:00 – 10:00 a.m.

Fee per individual class: \$15; \$5 city resident discount

Fee per 4 classes: \$35; \$5 city resident discount

Fee per unlimited classes: \$75; \$5 city resident discount

BEGINNER TENNIS

Ages 18 & older. Learn the basic fundamentals.

Day: Monday, 8/31 – 11/9

10:00 – 11:00 a.m.

7:00 – 8:00 p.m.

Activity # 6091.215

Activity # 6092.215

Fee: \$101; \$5 city resident discount

Athletics

COUCH TO 5K CHALLENGE

Activity # 6048.315

City of Concord Parks & Recreation is taking the wellness program to the next level with the COUCH TO 5K CHALLENGE.

This group training and exercise program is designed to encourage, motivate and challenge the individual to compete with his/her peers. No running experience is necessary. The final goal is to run the 5 Alarm 5K on 11/7 (registration fee required).

Day: Tuesday & Thursday

9/1 – 11/3

6:30 p.m.

Registration Fee: \$15

Location: Dorton Park



ROAD RACES

Races will begin and end on Means Avenue (beside the Historic Courthouse) in downtown Concord, run on the McEachern Greenway and the Downtown Connector Greenway.



5 ALARM 5K

Activity # 6001.315

Day: Friday, 11/7

7:30 p.m.

8:00 a.m. Pre-registration

9:00 a.m. Fun Run begins

9:30 a.m. 5K begins

Fee: \$15 Early Registration until 10/30 on-line

\$20 Race Day

Awards given to overall male and female and to the top three male and female finishers in each age group: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75 and over.

Call 704.920.5619 for a registration form or download one from our website. Online registration is available at www.concordparksandrec.org

GOLF

ROCKY RIVER GOLF CLUB AT CONCORD

All clinics are designed for beginners and experienced golfers. Golf clubs are not required. Register with Rocky River Golf Club: 704-455-1200, ext. 2.

WOMEN'S CLINIC

Day: Monday, 5:15 – 7:15 p.m.

10/5, 10/12, 10/19, 10/26

Day: Tuesday, 9:30 – 10:30 a.m.

9/8, 9/15, 9/22, 9/29

Fee: \$100 for 4 lessons, includes range balls, PM session includes wine and cheese.

ADULT CLINICS

Day: Wednesday, 5:30 – 6:30 p.m.

SESSION I: 9/2, 9/9, 9/16, 9/23

SESSION II: 10/7, 10/14, 10/21, 10/28

Fee per session: \$100 includes range balls.

For information on private lessons please call the Pro Shop, 704-455-1200, ext. 2

LAKE FISHER

Begin your outdoor adventure today at Lake Fisher Reservoir. Lake Fisher is 3 miles in length and consists of 534 acres. In addition to providing water to the City of Concord, Lake Fisher gives the community an opportunity to enjoy

the fun of fishing for the family. The lake supports a healthy sport fishery consisting of largemouth bass, crappie, channel catfish and several panfish species. All fishing at Lake Fisher must be from a boat; we provide the boats for a rental fee, boat motors are allowed but not provided. The acceptable motors are electric trolling motors and no larger than 10 horsepower gas motors. Life jackets and oars are available with boat rental. The lake is operated seasonally – it will close on 11/8/15 and will re-open for the 2016 season on 3/2/16.

HOURS OF OPERATION

Monday & Tuesday:

Closed

Wednesday – Saturday:

7:00 a.m. – 3:00 p.m.

Sunday:

1:00 p.m. – 6:00 p.m.

BOAT RENTAL FEES (per person)

Adult:

\$10; \$5 City of Concord resident fee

Senior Adult (60 or older):

\$8; \$5 City of Concord resident fee

Youth (12-16):

\$8; \$5 City of Concord resident fee



Mark your calendar for the next race:
Bunny Run 5K
3/26/16

Youth Athletics



BASEBALL, BASKETBALL, SOFTBALL & SOCCER

3&4 Instructional Clinic

Designed to introduce players to organized sports. Rules are simplified, team rosters are reduced, and playing season is compacted to allow maximum exposure in a limited time frame. (All games and practices in this division are on Tues and Thurs nights.)

5&6, 7&8 Division

Begins developing fundamentals for each specific sport. Rules are modified to present the optimum playing experience for novice participants. (Practices and games are on week nights or Saturdays.)

9&10 Division

Builds on basic fundamentals of given sport. Rules are slightly modified to present optimum playing experience for participants with limited exposure. (Practices and games are on week nights or Saturdays.)

11-16 Divisions

Designed to promote teamwork, sportsmanship and advance fundamental development. No rule modifications. (Practices and games are on week nights or Saturdays.)

ACTIVITY SCHEDULE:

	Activity	Description	Age Group	Age As Of	Registration Dates	Playing Season
Spring Season	Baseball	T-Ball Co-Ed	3&4	May 1, 2016	January 1-31	March-June
	Baseball	Coach Pitch Co-Ed	5&6	May 1, 2016	January 1-31	March-June
	Baseball	Coach Pitch Boys	7&8	May 1, 2016	January 1-31	March-June
	Baseball	Boys	9&10, 11&12, 13&14, 15&16	May 1, 2016	January 1-31	March-June
	Softball	Coach Pitch Girls	7&8	January 1, 2016	January 1-31	March-June
	Softball	Girls	9&10, 11&12, 13&14, 15&16	January 1, 2016	January 1-31	March-June
Fall Season	Soccer	Instructional Clinic	3&4	August 1, 2016	June 1-30	August-November
	Soccer	Co-Ed	5&6, 7&8	August 1, 2016	June 1-30	August -November
	Soccer	Co-Ed	9&10, 11&12, 13&14, 15&16	August 1, 2016	June 1-30	August-November
	Softball	Coach Pitch Girls	7&8	August 1, 2016	July 1-31	September-November
	Softball	Girls	9&10, 11&12, 13&14, 15&16	August 1, 2016	July 1-31	September-November
	Baseball	Coach Pitch Baseball	7&8	August 1, 2016	July 1-31	September-November
	Baseball	Baseball	9&10, 11&12, 13&14, 15&16	August 1, 2016	July 1-31	September-November
	Basketball	Instructional Clinic	3&4	August 31, 2015	September 1-30	November-March
	Basketball	Co-Ed League	5&6	August 31, 2015	September 1-30	November-March
	Basketball	Girls	7&8	August 31, 2015	September 1-30	November-March
	Basketball	Boys	7&8	August 31, 2015	September 1-30	November-March
	Basketball	Boys	9&10, 11&12, 13&14, 15&16	August 31, 2015	September 1-30	November-March
	Basketball	Girls	9&10, 11&12, 13&14, 15&16	August 31, 2015	September 1-30	November-March

Revised 7/15/2015

GOALS OF THE PROGRAM:

- To build the child's self esteem
- To teach the skills of the game
- To build good relations among peers (also between parents & children)
- To create a fun atmosphere

PRACTICE AND GAME SCHEDULE:

Practice times established by the coaches according to their schedule and availability of facilities.

REMEMBER:

- Fun is first!
- Your child has the opportunity to play in each game
- Instruction before competition
- No league or individual standings
- No trophies for "Winners Only"
- Trophies and awards not provided

REGISTRATION:

You may register at any of the following locations or on our web site at www.concordparksandrec.org.
Between 8:00 – 5:00 p.m. during open registration periods.

Academy Recreation Center
147 Academy Avenue, Concord
704.920.5601

Hartsell Recreation Center
60 Hartsell School Road, Concord
704.920.5602

Logan Multipurpose Center
184 Booker St. SW Concord
704.920.5603



Coaches and sponsors are needed for all sports!!
Please contact Athletics at 704.920.5600 to discuss opportunities.

Youth Athletics

REGISTRATION FORM:

PLEASE PRINT

Player's Name _____
(Last Name) (First Name) (Middle Name)

Address _____
(Street) (City) (Zip)

Home Phone _____ Work Phone _____

Cell Phone _____ Do you want to receive texts? Yes No

Email Address _____

Date of Birth _____ Age _____ Male Female

Please bring copy of birth certificate when registering.

What school does your child attend? _____

Please list any disabilities that need special attention: _____

Registration Fee:

Checks should be made payable to **City of Concord**

- Instructional Clinics (3-4) \$35.00
- City of Concord Resident* (\$35.00 Registration Fee)
- Non City Resident (\$55.00 Registration Fee)

Please indicate Athletic Association:

- Concord Parks & Recreation Leagues
- Southwest Cabarrus Athletic Association
- Hartsell Athletic Association
- No preference

*City of Concord Resident indicates that applicant resides within the City Limits of Concord.
All applications subject to verification.

Sorry, no refunds can be made after first game is played.

Our programs are dependent upon volunteer coaches. Are you as a parent willing to help coach a team if needed? Yes No Maybe _____

PARENTAL CONSENT INFORMATION:

Must be signed for applicant to participate.

We/I, the parent(s) or guardian have given permission for _____ to participate in the Youth Athletic Program sponsored by CITY OF CONCORD PARKS AND RECREATION.

As parent or guardian of above participant, I hereby give consent for any emergency treatment as approved by his/her coach or other adult escort, in case of illness or injury while participating in this athletic program. I understand that this is to prevent undue delay and assure prompt treatment and that only a licensed physician will be engaged for such an emergency. Parents will be notified in case of serious illness or injury as quickly as they can be reached, but this will make immediate treatment possible.

Concord Parks and Recreation, its staff, facilities and instructors will not be held responsible for any injury or loss that might occur in the course of this program. Photos may be taken of my child for departmental use. I verify that I have read and fully understand the above information.

Signature of Parent/Guardian

PRINTED Name of Parent/Guardian

Date

Youth Athletics

ACTIVITY:

Please indicate age group within activity:

Revised 12.3.2014

Basketball

- Instructional Clinic Co-Ed 3-4
- Co-Ed 5-6
- Boys 7-8 Girls 7-8
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girls 13-15

Spring Baseball/Softball

- Instructional T-Ball Co-Ed 3-4
- Coach Pitch Co-Ed 5-6
- Boys 7-8 (CP) Girls 7-8 (CP)
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girl 13-15

Soccer

- Instructional Clinic Co-Ed 3-4
- Co-Ed 5-6
- Co-Ed 7-8
- Co-Ed 9-10
- Co-Ed 11-12
- Co-Ed 13-15

Fall Baseball/Softball

- Boys 7-8 (CP) Girls 7-8 (CP)
- Boys 9-10 Girls 9-10
- Boys 11-12 Girls 11-12
- Boys 13-15 Girl 13-15

UNIFORM SIZES :

Please check size of one t-shirt and one pair of shorts.

T-Shirts:

- Youth X- Small Youth Small Youth Medium Youth Large
 Adult Small Adult Medium Adult Large Adult XL Adult XXL

Shorts:

NA for Baseball

- Youth X-Small Youth Small Youth Medium Youth Large
 Adult Small Adult Medium Adult Large Adult XL Adult XXL

SPECIAL REQUESTS:

Please note that all requests can not be honored, but we will attempt to honor your requests if feasible. The rosters will be locked after the draft is complete. No switching teams after the draft is complete.

REGISTRATION FEE:

Registration fee: \$35.00 for City of Concord Residents; \$55.00 registration fee for all other participants.

Please make all checks payable to: CITY OF CONCORD.

For further information, please call: **704.920.5617** or **704.920.5618**.

Or email: **recreation@concordnc.gov**

For Office Use Only:

Receipt # _____ Cash/Check # _____ Amount \$ _____ Date _____

NOTES:

Youth Athletics

TENNIS at Les Myers Park Courts 1-6

10 & UNDER TENNIS

Group lessons for ages 5-10.

Instructor: Chad Oxendine, AMP Tennis, LLC

Day: Saturday, 9:00 – 10:00 a.m.

SESSIONS:

Sept: 9/5, 9/12, 9/19, 9/26

Oct: 10/3, 10/10, 10/17, 10/24

Nov: 10/31, 11/7, 11/14, 11/21

Dec: 11/28, 12/5, 12/12, 12/19

Activity # 6084.215

Activity # 6085.315

Activity # 6086.315

Activity # 6087.315

Fee per group session: \$25; \$5 city resident discount

JUNIOR TENNIS at Dorton Park

Instructor: Laura Kelly, USPTA, 704-699-0765.

JUNIOR CLINICS PRE-SCHOOL

Activity # 6093.215

Ages 3-5.

Day: Monday, 8/31 – 11/23, 1:30 – 2:30 p.m.

Fee: \$101; \$5 city resident discount

RED BALL

Activity # 6096.215

Ages 5-8.

Day: Monday, 8/31 – 11/9, 4:00 – 5:00 p.m.

Fee: \$101; \$5 city resident discount

ORANGE BALL

Activity # 6099.215

Ages 8-10.

Day: Monday, 8/31 – 11/9, 5:00 – 6:00 p.m.

Fee: \$101; \$5 city resident discount

ROOKIE CHAMPS

Activity # 6102.215

Ages 11-17.

Day: Monday, 8/31 – 11/9, 6:00 – 7:00 p.m.

Fee: \$101; \$5 city resident discount

JUNIOR DEVELOPMENT

Activity # 6105.215

Ages 11-17.

Day: Monday, 9/1 – 11/10, 6:00 – 7:30 p.m.

Fee: \$149; \$5 city resident discount



YOUTH GOLF

ROCKY RIVER GOLF CLUB AT CONCORD

All clinics are designed for beginners and experienced golfers. Golf clubs are not required. Register with Rocky River Golf Club: 704-455-1200, ext. 2.



**Coaches and sponsors are needed
for all sports!!**

Please contact Athletics at 704.920.5600 to discuss opportunities.

Recreation Centers

Concord Parks & Recreation has three recreation centers, Academy, Hartsell and Logan that provide a variety of recreational opportunities to the public. Each center offers billiards, foosball, air hockey and free-play in the gymnasium. Weight rooms, available to men and women, are equipped with machines, free weights and cardiovascular equipment. Content/schedule dates may be subject to change. Meeting rooms are available to the public. Fee based on usage.

ACADEMY RECREATION CENTER

147 Academy Avenue NW, Frances Bost, Center Supervisor. 704.920.5601.
Information for Beverly Hills Park, Les Myers Park, J. W. "Mickey" McGee Park, Harold B. McEachern Greenway and The Village Greenway.

ADULT BINGO

Ages 18 & up. Come play B-I-N-G-O, socialize with friends and have a good time. No fee.

Day: Wednesday

9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/2, 12/9, 12/16
12:30 – 2:00 p.m.



THANKSGIVING FUN & ACTIVITY DAY

Activity # 1205.315

Ages 5-12. Let's have a turkey of a great time with fun turkey related activities. Parents are welcome to participate. No fee.

Day: Tuesday, 11/24

Pre-register by 11/18

3:00 – 5:30 p.m.

CHRISTMAS BINGO FOR YOUTH

Activity # 1009.315

Ages 5-12. Let's play some B-I-N-G-O, that's my game-O. Let the games begin to win a stocking full of prizes.

Day: Monday, 12/21

Pre-register by 12/16

2:00 – 4:00 p.m.

CHRISTMAS ACTIVITY & FUN DAY

Activity # 1206.315

HO! HO! HO! Come have some Christmas fun with your friends with holiday-related activities. No fee.

Day: Tuesday 12/22

Pre-register by 12/16

1:00 – 3:00 p.m. Ages 5-7

3:30 – 5:30 p.m. Ages 8-15



HARTSELL RECREATION CENTER

60 Hartsell School Road,
Martha Hagood, Center Supervisor,
704.920.5602. Information for
Hartsell Park and James L. Dorton Park.

BALLET

Ages 3 & up. Students will learn ballet principles and movements. Please see YOUTH ACTIVITIES on page 11 for a full description.

HARTSELL KARATE CLUB

Students ages 3 & up will learn karate basics. Please see YOUTH ACTIVITIES on page 11 for a full description.

GINGERBREAD HOUSE CRAFT

Activity # 1091.415

Ages 6-12. Get in the Christmas spirit as we decorate houses with candy and icing. All supplies are included. Staff supervised. Max. 10 participants.

Day: Monday, 12/21

Pre-register by 12/16

11:00 a.m. – 12:00 p.m.

Fee: \$8; \$3 City resident discount

CHRISTMAS CRAFTY

Activity # 1005.315

Ages 5-12. Bring a friend and get creative making a Christmas craft. No fee.

Day: Thursday, 12/17

Pre-register by 12/11

5:00 – 6:00 p.m.



RECREATION CENTERS HOURS OF OPERATION

Monday-Friday: 8:00 a.m. – 8:00 p.m. | Saturday: 12:00 noon – 5:00 p.m. | Sunday: CLOSED

Holidays: 12:00 noon – 6:00 p.m. | Closed: Thanksgiving & Christmas

Recreation Centers

ZUMBA GOLD

This specialized fitness class addresses the specific needs of older adults. For day and time, see ZUMBA information under Active Living on page 15.



WALKING CLASS

Self-instructed class offers fat burning, muscle conditioning and stretching. Class will not meet on holidays or Election Day. No fee.

MORNING class: Continual

Day: Monday, Wednesday & Friday
9:15 – 10:20 a.m.

EVENING class: Continual

Day: Monday, Tuesday & Wednesday
4:00 – 5:00 p.m.

TUTORING

Activity # 1047.315

Ages 6-14. For students in grades 1-9 who need help with school assignments. Will not meet on holidays or when school is out. No fee. Min. 5; Max. 10 participants.

Instructor: Sandy Johnson-Smith, CMS Principal

Day: Thursday, 9/17 – 12/10
6:00 – 6:30 p.m.

LOGAN MULTI-PURPOSE CENTER

184 Booker Street SW, Rodney Smith, Center Supervisor, 704.920.5603.
Information for Caldwell Park and W. W. Flowe Park.



SOUTHWEST KARATE

Age 4 & up. Youth will learn how to defend themselves, gain confidence and get in shape. No fee. Contact Tony Moody at 704-701-1346 for additional information.

Day: Tuesday & Thursday

Continual

5:30 p.m. Ages 4 & 5

6:00 p.m. Ages 6-10

7:00 p.m. Ages 11 & up

HOLIDAY ARTS & CRAFT DAYS

Ages 5-13. Come and create a holiday craft for Halloween, Thanksgiving and Christmas. Staff supervised.

Day: Monday, 10/26

Wednesday, 11/11

Wednesday, 12/23

12:00 p.m.

CHRISTMAS CARD MAKING

Ages 5-13. Come be creative and make a Christmas card for your loved ones. No fee. Staff supervised.

Day: Thursday, 12/17

3:30 p.m.

WALKING IN GYM

Men and women, this self-instructed, open walking in gym exercise will burn fat and help you get in shape. No fee. Staff supervised.

Day: Monday – Friday

Continual

8:00 – 11:00 a.m.

HALLOWEEN HAPPENINGS

HALLOWEEN HOWLER

Families, join us for games and more for this night of fun in the gym.

Saturday, 10/24

6:00 – 9:00 p.m.

Academy Recreation Center

TREAT FEST

Ages 2-10. Join us for Halloween fun in the gym! Games and prizes for the entire family.

Saturday, 10/24

6:00 – 8:00 p.m.

Logan Multipurpose Center

PUMPKIN PROWL

Ages 2-5 can enjoy Halloween themed games, activities and arts & crafts.

Wednesday, 10/28

4:00 – 6:00 p.m.

Hartsell Recreation Center



Youth Outdoors



take a child outside

TAKE A CHILD OUTSIDE WEEK SCAVENGER HUNT AND FOREST SCULPTURES

Playing outside connects children to the natural world, helps them focus in school and reduces the chance of childhood obesity. So, bring your kids and we'll play outside in the park! On a scavenger hunt we'll collect nature's materials to create Forest Sculptures on our return to the shelter!! These fun and natural sculptures will tell the tales of our hunts through the park. No registration required.

If you are not able to join us on our planned days find outdoor activity ideas, other participating organizations in our area and pledge to take a child outside at www.takeachildoutside.org.

Day: Tuesday, 9/22
5:00 – 7:00 p.m.
Location: James L. Dorton Park
5790 Poplar Tent Road

Day: Thursday, 9/24
5:00 – 7:00 p.m.
Location: Mickey McGee Park
219 Corban Avenue East



GREENWAY ADVENTURES

Ages 4 & up. Equipped with our special gear and imaginations, the greenways will be our class room. We will explore critters, their habitats and nature for engaging, educational and creative activities. Parents are encouraged to participate. Each program will meet at the designated greenway. Min. 6/Max. 20 participants.

Fee for each program: \$10; \$5 city resident discount

Locations: Hector H. Henry II Greenway – meet at trail head, 1215 Moss Farm St. NW

McEachern Greenway – meet at the McGee Park shelter, 219 Corban Avenue E



RECYCLED BOAT FLOAT

Activity # 9032.215

Let's "hike" the Greenway in search of nature's materials and recyclable trash to give us creative ideas for our boats. Once we construct them, we will race them across the pond!

Day: Thursday, 9/17
Pre-register by 9/14
4:30 – 6:00 p.m.
Location: Hector H. Henry II Greenway

CREATURE FEATURE

Activity # 9035.315



Join us for this special look into an animal's life. With a guest speaker and featured animal friend we will learn about its unique habitat, day-to-day life in the wild and why this creature is so important.

Day: Saturday, 10/3
Pre-register by 9/30
9:00 – 10:30 a.m.
Location: McGee Park

CRAFTY CRITTERS

Activity # 9033.315

Scavenger hunt list in hand (and critters in mind), we will venture down the Greenway to collect our natural supplies. Back to the shelter we go to sculpt and create our own unique critters.



Day: Saturday, 9/26
Pre-register by 9/23
9:00 – 10:30 a.m.
Location: McGee Park

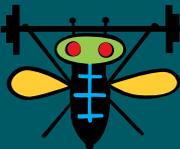
IT'S A BIRDS LIFE

Activity # 9036.315

Using our special Nature Adventures gear, we will identify birds and their unique habitats. Along our hike we will learn about the life cycle of a bird and collect items to construct nests.



Day: Thursday, 10/8
Pre-register by 10/5
4:30 – 6:00 p.m.
Location: Hector H. Henry II Greenway



BUG OLYMPICS

Activity # 9034.315

Using our special Nature Adventures gear we will collect and study insects and other arthropods. With our fine collection we will select participants and conduct our official "Bug Olympics"!!

Day: Thursday, 10/1
Pre-register by 9/2
4:30 – 6:00 p.m.
Location: Hector H. Henry II Greenway

LAND ART

Activity # 9037.315

While preserving the beauty of the nature, we will use natural materials to create art unique to its surroundings. This special sculpting is known as Land Art. Be prepared to get dirty!!

Day: Saturday, 10/10
Pre-register by 10/7
9:00 – 10:30 a.m.
Location: Hector H. Henry II Greenway

Youth Activities



BALLET

Ages 3 & up. Students will learn ballet principles, body position, carriage and posture through movement using a variety of music.

Instructor: Tuwanna McNeely

Day: Tuesday & Thursday
7:30 – 8:00 p.m.

Session I: 9/1 – 9/24

Session II: 9/29 – 10/22

Session III: 10/27 – 11/24

NO Class 11/3

Session IV: 12/1 – 12/17

Fee per session: \$25; \$5 city resident discount

Location: Hartsell Recreation Center

Activity # 1040.315

Activity # 1041.315

Activity # 1042.315

Activity # 1043.315



HARTSELL KARATE CLUB

Ages 3 & up. Youth learn to kick, block, punch and strike.

Instructor: James Reid

Day: Monday, Wednesday & Friday
6:30 – 8:00 p.m.

Session I: 8/31 – 9/25

NO Class 9/7

Session II: 9/28 – 10/23

Session III: 10/26 – 11/20

Session IV: 11/30 – 12/21

Fee per session: \$25; \$5 city resident discount

Location: Hartsell Recreation Center

Activity # 1039.215

Activity # 1044.315

Activity # 1045.315

Activity # 1046.315



YOUTH ART PARTY!!

Ages 9-19. NO EXPERIENCE REQUIRED. Each participant will create an original acrylic masterpiece through step by step instruction. Please have your young artist dress in clothing suited for painting or send an apron/smock to wear. Non-alcoholic beverages and snacks of your choice are welcome. The instructor will provide all materials. Min. 4/Max. 10 participants.

Instructor: Melynda Enslow

Day: Saturday

12:00 – 3:00 p.m.

Location: Fire Station #7

250 International Dr. NW

FEE per class: \$40; \$5 city resident discount

A NIGHTMARE BEFORE CHRISTMAS

Activity # 5131.315

Day: 10/10

Pre-register by 10/2

BRIGHT AUTUMN LANDSCAPE

Activity # 5132.315

Day: 11/14

Pre-register by 11/6

WINTER WONDERLAND

Activity # 5133.315

Day: 12/12

Pre-register by 12/4



Adult Fitness Classes

A variety of fitness classes are offered. Many of our instructors hold nationally recognized certifications and all have significant training and experience. Minimum of eight participants per class.

Michelle Colombero

Michelle has taught for 14 years. She is certified in: Phase III Mat Pilates, Phase II Yoga, Older Adults, Mind Body Personal Training, Weight Management Consultant and Phase II Master Personal Trainer. All classes instructed by Michelle are located at Academy Recreation Center.

PERSONAL TRAINING

Activity # 4031.415

Master Personal trainer Michelle Colombero will design a 1 hour fitness program that will help you get motivated and feel great! Your session will include strength training for your upper and lower body, a cardiovascular component, nutritional consultation and flexibility exercises.

Fee: \$40 per 1 hour session; \$5 city resident discount.

PILATES

Improve your core strength, flexibility and balance while building strength without bulk. The workout incorporates bands, weights and fitness balls as well as combining yoga techniques. Max 20 participants.

Day: Wednesday

7:00 – 8:00 p.m.

SESSION I: 9/23 – 11/4

NO Class 10/28

SESSION II: 11/11 – 12/23

NO Class 11/25

SESSION III: 12/30 – 2/3

Fee per 6 week session: \$25; \$5 city resident discount.

Activity # 4063.215

Activity # 4064.315

Activity # 4065.315



SATURDAY YOGA

Enjoy the asanas (postures), breathing and stretching that will help you feel flexible and relaxed. Closing with Savasana and Meditation. Wear comfortable clothes. Max. 20 participants.

Day: Saturday

9:00 – 10:00 a.m.

SESSION III: 8/15 – 10/3

NO Class 8/22 & 9/5

SESSION I: 10/10 – 11/28

NO Class 10/24 & 10/31

SESSION II: 12/5 – 1/16

NO Class 12/26

Fee per 6 week session: \$25; \$5 city resident discount

Activity # 4067.215

Activity # 4068.315

Activity # 4069.315

CLASSICAL STRETCH

This 30 minute class will increase mobility, help release tension and keep joints healthy and pain-free through dynamic strengthening and stretching exercises. Great for all ages!! Max. 20 participants.

Day: Monday & Wednesday

12:15 – 12:45 p.m.

SESSION III: 8/19 – 9/30

NO Class 9/7

SESSION I: 10/5 – 11/18

NO Class 10/26 & 10/28

SESSION II: 11/30 – 1/6

Fee per 6 week session: \$30; \$5 city resident discount

Activity # 4062.215

Activity # 4062.315

Activity # 4063.315

Vickie Fisher

A certified group fitness instructor, Vickie has taught through Parks & Recreation for over 12 years.



FITNASTICS

This low impact class incorporates resistance training with strength exercises using bands and weights. Bands furnished by the instructor. Bring your own 2 lb. weights, mat and water bottle.

Day: Tuesday & Thursday

9:00 – 10:00 a.m.

SESSION III: 8/27 – 10/6

SESSION I: 10/8 – 11/17

SESSION II: 11/19 – 1/7

NO Class 11/26, 12/22 & 12/24

Fee per 6 week session: \$35; \$5 city resident discount.

Location: Hartsell Recreation Center

Activity # 4057.215

Activity # 4057.315

Activity # 4058.315

Adult Fitness Classes



Joy Dry

AFAA Certified Personal Trainer and Group Fitness Instructor.

All classes are held in the Fitness Room at Academy Recreation Center except Boot Camp in the Park.

TOTAL BODY SCULPT

This strength training class targets major muscle groups for a total body workout using various equipment and body weights. Cool down, stretch and ab/core exercises conclude each class. Weights provided. Great for all levels.

Day: Wednesday

5:30 – 6:30 p.m.

SESSION I: 8/12 – 9/16

Activity # 4065.215

SESSION II: 9/23 – 11/4

Activity # 4067.315

NO Class 10/28

SESSION III: 11/11 – 12/30

Activity # 4070.315

NO Class 11/25 & 12/23

Fee per 6 week session: \$25; \$5 city resident discount

BOOT CAMP MONDAY

Indoor group workout uses a combination of strength, cardio, muscle endurance, flexibility, core and functional movements. Each class varies so you never get the same workout twice. Great for all levels as you can move at your own pace. Weights provided.

Day: Monday

5:30 – 6:30 p.m.

SESSION I: 9/14 – 10/19

Activity # 8091.215

SESSION II: 11/2 – 12/7

Activity # 8091.315

Fee per 6 week session: \$25; \$5 city resident discount

BOOT CAMP IN THE PARK

This outdoor extreme fitness class will focus on levels of exercise incorporating cardio drills, resistance training with your body weight and core workouts. Please see SPECIAL INTEREST on page 16 for a full description and class details.

Dawn Grant

Dawn has been teaching group fitness since 2010. She holds National Aquatic Certification and certifications in Sports Conditioning and Kick Up Your Cardio Combos training in Subtle Yoga, Vinyasa Yoga and Immersion, Prenatal Yoga and many other specialized trainings. All classes instructed by Dawn are located at Academy Recreation center unless otherwise noted.

CHAIR YOGA

Designed for those with limitations. We will work on stretching and strengthening of the body for more flexibility and pain management.

Day: Tuesday

10:30 – 11:30 a.m.

SESSION II: Activity # 4038.215

8/25 – 9/29

SESSION I: Activity # 4038.315

10/13 – 12/1

NO Class 10/27 & 11/24

Day: Thursday, 2:00 – 3:00 p.m.

SESSION II: Activity # 4040.215

8/27 – 10/1

SESSION I: Activity # 4040.315

10/8 – 12/3

NO Class 10/22, 10/29 & 11/26

Fee per 6 week session: \$20; \$5 city resident discount

Location: Academy Recreation Center

GENTLE YOGA

Basic Gentle Yoga to center the body and the mind with an emphasis on meditation. Wear comfortable clothes and bring a blanket for comfort.

Day: Tuesday

12:00 noon – 1:30 p.m.

SESSION II: Activity # 4042.215

8/25 – 9/29

SESSION I: Activity # 4042.315

10/13 – 12/1

NO Class 10/27 & 11/24

Day: Thursday

12:00 noon – 1:30 p.m.

SESSION II: Activity # 4044.215

8/27 – 10/1

SESSION I: Activity # 4044.315

10/8 – 12/3

NO Class 10/22, 10/29 & 11/26

Fee per 6 week session: \$28; \$5 city resident discount

Location: Academy Recreation Center

HARMONY YOGA

[NEW DAY & LOCATION]

This yoga class brings the body and mind into harmony through subtle movements with an emphasis on meditation. Wear comfortable clothes and bring a blanket for comfort.

Day: Wednesday

6:00 – 7:30 p.m.

SESSION III: Activity # 4050.215

8/26 – 9/30

SESSION I: Activity # 4050.315

10/14 – 11/18

SESSION II: Activity # 4051.315

12/2 – 1/13

NO Class 12/23

Fee per 6 week session: \$28; \$5 city resident discount

Location: Les Myers Park

C.T. Sherrill Building
338 Lawndale Ave.

Adult Art

Due to purchasing of supplies and instructors preparation time, pre-registration is required for all arts & crafts classes.



Watercolor, watercolor pencil and colored pencil classes are instructed by Linda Long, member of National

Society of Decorative Painters (NSDP) and Tarheel Decorative Painters. Please contact Linda at 704.938.1420 for information about the medium as well as a materials list prior to the class. All classes are located at **Academy Recreation Center.**

Day: Wednesday
9:00 a.m. – 2:00 p.m.

Fee: \$25; \$5 city resident discount PLUS \$12 materials fee paid to instructor

Location: Academy Recreation Center

WATERCOLOR Activity # 5000.315
Learn the basic techniques of watercolor painting. Min. 6/Max. 15 participants.

Day: 9/23, Pre-register by 9/16

COLORED PENCILS
Learn the basic techniques of colored pencil drawing. Min. 6/Max. 15 participants.

SESSION I: Activity # 5007.315
11/18; Pre-register by 11/11

SESSION II: Activity # 5008.315
12/16; Pre-register by 12/9

WATERCOLOR PENCILS
Activity # 5009.315
Learn the basic techniques of watercolor pencils. Min. 6/Max. 15 participants.

Day: 10/21,
Pre-register by 10/14



QUILTING

Enjoy creating a lifetime keepsake. Open to beginner and intermediate quilters. For a materials list call 704.920.5603.

DAY Class

Instructor: Carolyn Sweet

Day: Tuesday, 9:00 a.m. – 12:00 p.m.

SESSION I: Activity # 5020.315
9/29 – 11/17

SESSION II: Activity # 5021.315
12/1 – 1/26; NO Class 12/22

Fee per 8 week session: \$40; \$5 city resident discount

Location: Logan Multi-Purpose Center

EVENING Class Activity # 5024.315

This class is self-instructed

Day: Thursday, 7:00 – 9:00 p.m.

NO Class 11/26
Fee per 8 week session: \$30; \$5 city resident discount

Location: Fire Station #7
250 International Drive NW

ADULT ART PARTY!!

Ages 18 & up. **NO EXPERIENCE REQUIRED.** Each participant will create an original painting on canvas to take home. Wear clothing that can get dirty or bring an apron/smock to wear. Non-alcoholic beverages and snacks of your choice are welcome. The instructor will provide all materials. Min. 4/Max. 10 participants.

Instructor: Melynda Enslow

Day: Saturday, 5:00 – 8:00 p.m.

FEE per class: \$40; \$5 city resident discount

Location: Fire Station, # 7, 250 International Dr. NW

A NIGHTMARE BEFORE CHRISTMAS

Activity # 5134.315

Day: 10/10

Pre-register by 10/2

BRIGHT AUTUMN LANDSCAPE

Activity # 5135.315

Day: 11/14

Pre-register by 11/6

WINTER WONDERLAND

Activity # 5136.315

Day: 12/12

Pre-register by 12/4



Active Living / Trips



FIT & FABULOUS

Stay fit and fabulous with this great group of senior adults. Enjoy walking, range of motion, strength exercises and fellowship. Monthly luncheons, local trips and an occasional surprise are included.

Instructor: Dawn Grant.

Day: Wednesday, 9/2 – 12/16
10:00 – 11:00 a.m.

Fee: \$10; \$5 city resident discount

Location: Academy Recreation Center

ZUMBA GOLD

Specifically designed for the active older adult and those just starting a fitness routine.

Day: Tuesday & Thursday
11:00 – 11:30 a.m.

Instructor: Tuwanna McNeely

Location: Hartsell Recreation Center



Trips

Join us as we partner with David Walter Travel and their touring bus! All trips depart from "The Village" located across from First Assembly on 280 Concord Parkway South in Concord, 28027. Please park in the parking lot across from Arby's. Plan to arrive 30 minutes before departure for all trips.

Pre-registration is required;
cancellation dates listed must be followed for full refund.

SHATLEY SPRINGS

Activity # 7004.315

The changing of the seasons is upon us as we visit one of North Carolina's most famous destination landmarks, the Shatley Springs Inn. After filling our bellies with delicious country cooking, we will enjoy a wondrous ride to the Ashe County Cheese Store & Factory while observing the landscape. We will also make a stop at The Church of the Frescoes before heading back to the Piedmont.

Bus Departs: 7:30 a.m.

Day: Thursday, 10/15

Pre-register by 9/25

MUST cancel before 10/8

Fee: \$53 (includes lunch)



CHRISTMAS AT WOHLFAHRT HAUS

Activity # 7002.315

Enjoy a delicious Holiday feast before you are completely immersed in the Christmas season. This Holiday Spectacular is stuffed with all the Christmas songs you know and love as well as dazzling dance numbers and beautiful costumes. The fun-filled holiday production also features a breath-taking Nativity which is sure to put the whole family in the Christmas spirit.

Bus Departs: 8:00 a.m.

Day: Wednesday, 11/11

Pre-register by 10/14

MUST cancel before 11/4

Fee: \$85 (includes lunch)



BILTMORE HOUSE & GARDENS

Activity # 7006.315

Step back in time as we explore the Biltmore House and gardens decorated for the holidays. The experts continually work to preserve the original vision for the gardens and grounds designed by America's foremost landscape architect, Frederick Law Olmsted. We will also visit the Farmer's Market.

Bus Departs: 7:15 a.m.

Day: Saturday, 12/5

Pre-register by 11/5

MUST cancel before 11/28

Fee: \$78 plus cost of meal



Waist Management

GET HEALTHY, GO HIKING!

This program is designed for adults and youth age 14-18.

The days grow shorter, the temperature starts to drop and the air gets crisper as we move into the Autumnal Equinox – the first day of Fall. Ahhhh... cooler weather! What better outdoor conditions than now to add hiking to your exercise program.

Get started in this weight-bearing exercise and with a healthy diet – you will see improvement in your weight, cholesterol level, blood pressure and diabetes as well as reduce your chances of heart disease, stave off osteoporosis, improve your muscle fitness and lower your risk of colon and breast cancer.

Oh, and did we mention a good hike will reduce your stress and anxiety levels? (Your family will thank you!) And after each hike you will get a good night's sleep!

If you are looking for a less aggressive outdoor activity take a look at GO HIKING!, a healthy hiking program that starts you at ground zero.



These pumpkin muffins are so simple to make and baking them will fill your house with a sweet aroma, too!

Prep: 5 minutes; Cook: 20 minutes.

Makes 18 muffins or 36 mini muffins.

INGREDIENTS:

1 box spice cake mix

1 (15 oz.) can pure pumpkin puree

½ cup raisins or chopped nuts, if desired

DIRECTIONS:

Combine the spice cake mix and pumpkin puree until all dry mix is no longer visible. Scoop batter with tablespoon into a greased muffin pan or into paper muffin cups placed in a muffin pan. Bake regular sized muffins at 350 for 18-22 minutes or until a knife comes clean.

GO HIKING!

Activity # 9040.315

For adults and youth ages 14-18. An adult must register and accompany youth 14-18 years of age.



Hiking is a lifelong activity that will impact your physical and mental health. We will learn the importance of proper footwear, ways to pack for each hike, terrains and the many perspectives on the trails we seek. The program begins with easy hikes along the greenways, graduating to more advanced trails. See below for dates, trail heads or pickup locations. Min. 6/Max 12 participants.

Fee: \$70; \$10 city resident discount

STEP FEET ON THE GROUND

1

Our journey begins with an introduction to footwear and hike difficulty calculators before our first trek on the Hector H. Henry II Greenway. Diff. Level: Easy

Day: Monday, 9/21, 5:30 – 7:00 p.m.

Location: Hector H. Henry II Greenway trailhead
1215 Moss Farm St., NW

STEP DAY? NIGHT? PACK RIGHT

2

Before each hike you must determine what is necessary to bring along. We will explore the do's and don'ts of packing before testing our gear on the McEachern Greenway. Diff. Level: Easy

Day: Monday, 10/5, 5:30 – 7:00 p.m.

Location: McGee Park shelter, 219 Corban Ave., E.

STEP GAIN ON TERRAIN

3

As we advance in hiking difficulty levels we must account for the conditions ahead. We will challenge ourselves to short feats of terrain alterations before a trek on the McEachern Greenway. Diff. Level: Moderate

Day: Saturday, 10/10, 9:00 – 10:30 a.m.

Location: Les Myers Park lower parking lot
338 Lawndale Ave.



STEP MOUNTAIN TREK

4

At Morrow Mountain State Park we will trek the beautiful Fall Mountain Trail and experience a rural trail with varying terrain and views. Pack a picnic lunch. Diff. Level: Moderate

Day: Saturday, 10/17

Depart: 8:00 a.m.; Return: 3:30 p.m.

Meet at Academy Recreation Center
147 Academy Ave., NW

STEP ROUGH RIDGE WRAP UP

5

On the Blue Ridge Parkway we test our knowledge and skills on the Tanawha Trail. At the peak, we'll stop to enjoy the "view for miles" and celebrate with a picnic. Pack a picnic lunch. Diff. Level: Challenging

Day: Saturday, 10/31

Depart: 8:00 a.m.; Return: 5:30 p.m.

Meet at Academy Recreation Center
147 Academy Ave., NW



Special Interest



Dogs, beg your owners to bring you to Myers Park for a day planned just for dogs! You can play off-leash in the Doggie Fun Zone and enter all kinds of contests: talent, obedience, costume and "mug to mug" for dogs and owners who look alike!

You and your owner can visit with sponsoring veterinarians to ask questions and get current medical information. Also, visit the vendors selling pet products and non-profits distributing information about their rescue efforts.

Hot dogs and refreshments will be offered by Concord Youth Council.



Saturday October 24

11:00 am – 2:00 pm

Les Myers Park
338 Lawndale Ave., SE

Contest Schedule

- 11:30 "Obey for Praise"
Obedience Contest
- 12:00 "Tricks for Treats"
Talent Contest
- 12:30 "Mug to Mug"
Dog owner Look-a-Like Contest
- 1:15 "Strut Your Mutt"
Costume Contest



PRESENTED BY:
 Foster Animal Hospital, PA
 Mount Pleasant Animal Hospital, PA
 South Ridge Veterinarian Hospital
 Subaru Concord
 Animal Care Clinic
 Swiftdogz, Inc
 McDonald's General Store
 Paws In Motion Canine Rehabilitation Center



TRAIL SAFETY

On any given day, our greenway system is filled with walkers, runners, children, cyclists and pets. All of which must learn to share safely the same greenway trails.

It is most important for pedestrians to remember to be aware of your surroundings.

Be courteous to all others while you are on the trail.

We all like to listen to music, but using earphones while listening to music prevents your senses from helping you hear danger. Keep the volume low when walking, running or riding your bike.

Cyclists, please verbally state "Passing on your left" or "Passing on your right" when approaching a walker or runner. Use caution as you pass and as you

approach blind spots and sharp turns.

If you have children with you on the trail, keep them within view at all times. Encourage them to ride bikes slowly and look before they turn!

Dogs must be kept on a six foot leash on any trail or City park.

Have fun! Be Safe! See you on the trail!



Special Interest

BOOT CAMP IN THE PARK

This extreme fitness class will focus on levels of exercise incorporating cardio drills, resistance training with your body weight and core workouts. Medical clearance required for those over 40 years of age. Bring bottled water, mat or towel and a pair of hand weights. Must be 18 years of age or older.

Min. 5 participants.

Instructor: Joy Dry

Day: Monday, Wednesday & Thursday, 5:00 – 6:00 a.m.

SESSION I: Activity # 8097.215
8/31 – 9/17; NO class 9/7

SESSION II: Activity # 8097.315
9/21 – 10/8

SESSION III: Activity # 8098.315
10/12 – 11/19

SESSION IV: Activity # 8099.315
11/2 – 11/19

SESSION V: Activity # 8096.315
11/30 – 12/17

Fee per session: \$40; \$5 city resident discount (9 classes per session)

Location: Les Myers Park Ball Field

BOOT CAMP
in the Park

Are you READY?
If you want to increase your strength, endurance, energy levels, build strong muscles, and lose some fat—then you are READY!

Les Myers Park in Concord.

LET'S DO IT!!!

Instructor: Joy Dry
AFAA Certified Personal Trainer

GUIDED AUTOBIOGRAPHY



Activity # 5127.315
Tell your story in this 8-week course. The instructor will guide participants through the major themes of their life and stories will be shared in a

group setting. Sharing life stories reveals how we became the person we are. Materials (notebooks, paper and pens) are included but participants are allowed to bring their own devices. Must be 18 years of age. Min. 3/Max 8 participants.

Instructor: Rose Rummel-Eury, Certified Guided Autobiographer

Day: Tuesday
10/13 – 12/8; NO Class 11/24
7:00 – 9:00 p.m.

Fee: \$75

Location: Fire Station #9
1020 Ivey Cline Rd.

CAROLINA SHAG DANCE

Learn the fundamentals of the dance that originated in the Carolinas. Open to singles and couples. Min. 10 participants. MUST pre-register.



Instructor: Patty Blackmon

SEPTEMBER Session:
Thursday, 9/3 – 9/24

BEGINNERS: Activity # 8083.215
6:30 – 7:30 p.m.

INTERMEDIATE: Activity # 8084.215
7:30 – 8:30 p.m.

ADVANCED: Activity # 8085.215
8:30 – 9:30 p.m.

NOVEMBER Session:
Thursday, 11/5 – 12/3

NO Class 11/26

BEGINNERS: Activity # 8083.315
6:30 – 7:30 p.m.

INTERMEDIATE Activity # 8084.315
7:30 – 8:30 p.m.

ADVANCED: Activity # 8085.315
8:30 – 9:30 p.m.

Fee per 4 week session: \$40; \$5 city resident discount

Location: Academy Recreation Center

ZUMBA

This dynamic fitness format combines fast and slow rhythms to tone and sculpt the body.

Fee: \$3.00 per class* except when instructed at a non-city facility.



Day: Monday & Wednesday
6:30 – 7:30 p.m.

Instructor: Michelle Briggs

Location: Logan Multipurpose Center

Day: Tuesday
7:00 – 8:00 p.m.

Instructor: Ursula Barrier

Location: Logan Multipurpose Center

Day: Tuesday & Thursday
8:00 – 9:00 p.m.

Instructor: Tuwanna McNeely

Location: Hartsell Recreation Center

Day: Saturday
10:00 – 11:00 a.m.

Instructor: Ursula Barrier

Location: Logan Multipurpose Center

CPR (NON CERTIFIED)

Classes offered are not for certification, but are intended to educate the public in the lifesaving skill of CPR. You will learn the fundamentals of adult and infant CPR and the use of an automatic electronic defibrillator. Min. 5; Max. 20 participants. No fee.

Day: Friday
6:00 – 8:00 p.m.

SESSION I: Activity # 6190.215
9/18

Location: Fire Station #9

SESSION II: Activity # 6191.215
10/16

Location: Fire Station #9

SESSION III: Activity # 6192.315
11/13

Location: Fire Station #8

REGISTRATION PROCESS

Registration is on a first-come, first-served basis. Fees are due and payable upon registration. A registration form for our classes is included below. A signed registration form is required for participation in all programs. Please note: Summer Playground, Athletic Programs and Special Events require different registration forms. Please call for the appropriate form or download from our web site at www.concordparksandrec.org.

There are three ways you can register for classes or programs:

- 1 Mail:** Complete this registration form, include payment and mail to:
Concord Parks & Recreation Department
P.O. Box 308, Concord, NC 28026-0308
- 2 Online:** For your convenience, some classes and programs are now available through online registration. Please visit our web site at www.concordparksandrec.org to see if online registration is available for your class or program. Online registration payment can be made with your credit or debit card. A user fee is applied to online charge payments.

3 Walk-in: Complete this registration form and bring with payment to:
Academy Recreation Center
147 Academy Avenue NW,
Concord, NC 28025

City Resident Discount: Many of our activities and programs offer discounts to City of Concord Residents due to contributions to the local tax base. If a discount is offered, it is shown as a City Resident Discount, and if applicable, this amount will be deducted from the program fee as indicated. This discount applies to registration fees and not to supplies, materials, equipment, etc. You are a resident if you reside within the City Limits of Concord. If you are still not sure please call 704.920.5600. Please call 704.920.5600 or email us at recreation@concordnc.gov if you have any questions or concerns.

MAILING ADDRESS:

Concord Parks & Recreation
P. O. Box 308
Concord, NC 28026-0308
147 Academy Avenue, NW
Tel. 704.920.5600 | Fax 704.792.1971
www.concordparksandrec.org

Registration Form (PLEASE PRINT)

Participant's Name _____

Home Phone _____

Work Phone _____

Cell Phone _____

Do you want to receive texts? Yes No

Address _____

City _____ State _____ Zip _____

Email _____

Activity/Trip _____

Activity/Trip Site _____

Dates: From _____ To _____

Time: _____ (am/pm) on M T W TH F SAT SUN (PLEASE CIRCLE)

I agree to release and hold harmless the City of Concord and its staff from any and all claims for personal injury, property loss or any other loss that may arise out of or during participation in this program. I understand that pre-registration in my class is on a first-come, first-served basis, and that the Concord Parks & Recreation Department, its staff, facilities, and instructors will not be held responsible for any injury or loss that might occur in the course of the program. The department reserves the right to cancel or modify programs due to enrollment, weather or other situations that are deemed necessary. Refunds may be made in cases in which changes in class day, time or site prevent participation. I understand that photographs may be taken during the program for departmental use. Registration fee is enclosed (if applicable).

Registrant's Signature _____

(Parent's signature if registrant is under 18)

Residency (PLEASE CHECK ONE) City of Concord Resident Non-Resident

Date _____ Fee Enclosed _____

Please make check payable to City of Concord

CITY OF CONCORD PARK & FACILITIES

Administrative Office • 704.920.5600
147 Academy Ave, NW

Academy Recreation Center • 704.920.5601
147 Academy Ave, NW

Beverly Hills Park • 704.920.5601
631 Miramar St, NE

Marvin Caldwell Park • 704.920.5603
362 Georgia St, SW

James L. Dorton Park • 704.920.5602
5790 Poplar Tent Rd

Gibson Field

704.784.2616 or 704.920.5617
321 Misenheimer Ave, NW

Hartsell Recreation Center • 704.920.5602
60 Hartsell School Rd

Hartsell Field Complex

704.788.9325 or 704.920.5617
30 Swink St, NW

Hartsell Park • 704.920.5602
65 Sunderland Rd

Hector H Henry II Greenway at Moss Creek
1215 Moss Farm St, NW

Hector H Henry II Greenway at Exit 49
8955 Weddington Rd &
5400 John Q Hammonds Dr, NW

Lake Fisher Reservoir Boat Rentals

704.920.5618 or 704.938.1327
5099 Lake Fisher Rd
(Seasonal) March-October

Logan Multi-Purpose Center • 704.920.5603
184 Booker St, SW

McAllister Field

704.786.0157 or 704.920.5617
160 Crowell Dr, NW

Harold B. McEachern Greenway

704.920.5600
Enter at Les Myers Park or
J. W. McGee, Jr. Park

The Village Greenway • 704.920.5601
175 Academy Ave, NW

J. W. "Mickey" McGee, Jr. Park

704.920.5601
219 Corban Ave, East

John F. McInnis Aquatic Center

704.785.8105
151 Academy Ave, NW
(Seasonal, May-August)

Les Myers Park

• 704.920.5601
338 Lawndale Ave

Rocky River Golf Club at Concord

704.455.1200
6500 Bruton Smith Blvd

W. W. Flowe Park

• 704.920.5603
99 Central Heights Dr

Webb Field

704.786.8406 or 704.920.5617
165 Academy Ave, NW

Weddington Road Bark Park

8955 Weddington Rd

PARKS HOURS:

April – October

Open daily from 8:00 a.m. until 9:00 p.m.
Lighted field and court facilities
close at 11:00 p.m.

November – March

Open daily from 8:00 a.m. until 7:00 p.m.
Lighted field and court facilities
close at 10:00 p.m.

Coming Soon!

**Weddington Road
Bark Park**



**Hector
H. Henry II
Greenway**



Visit www.concordparkandrec.org for more information and dog park updates!

Rocky River
Golf Course



Stay updated on new programs and events by liking us on Facebook:
www.facebook.com/concordncparksandrec

Feel free to contact us or visit our website if you have any questions concerning our facilities. You can find our contact information in this issue or on our website www.concordparksandrec.org.



We look forward to seeing you in our parks and on our greenways.

Mayor & City Council

- Mayor, J. Scott Padgett
- David W. Phillips District 1
- Jim Ramseur District 2
- Ella Mae Small District 3
- Alfred M. Brown, Jr. District 4
- W. Lamar Barrier District 5
- Jennifer Parsley District 6
- John A. Sweat, Jr. District 7